The Messenger



Issue 148
May
2024

Serving Gislingham, Mellis and the Thornhams

WINNER
NATIONAL
PARISH
MAGAZINE
AWARDS

THE MESSENGER TEAM



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News and features from the Messenger are added every month to the Messenger website **www.the-messenger-online.com**

Next issue: June 2024
Copy deadline: Monday 13th May

E-mailed or hand-written submissions always welcome. The editor reserves the right to edit, amend or omit submitted items at his discretion.

You can find the Messenger Facebook page at:
https://www.facebook.com/themessengergismeltho

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Disclaimer: The articles published herein do not necessarily represent the views of The Messenger. They are the opinions of individual contributors and are published with a view that free expression promotes discussion and interests.

WELCOME TO THE MESSENGER



EDITOR'S NOTES – May 2024

Welcome to the May issue!

"Pylons" is a hot topic at the moment locally, with the proposed upgrading of the power network from Norwich to Tilbury.

Most of our readers will have received an information pack from National Grid in the past few weeks, via Royal Mail, outlining the proposals. Our District Councillor, Rowland Warboys dedicates his column on page 53 to this topic. Additionally, National Grid are holding a consultation at Gislingham Village Hall on Tuesday 30th April. Details can be found on our diary page.

Please note, this is the final (statutory) consultation. Once complete, National Grid will submit its planning application (DCO). We have therefore included an insert with this issue.

If you want to help stop the Norwich to Tilbury pylons, please complete the flyer and hand it in to Gislingham village shop and / or email your respective Parish Council. The Parish Councils can then gauge the local response to the pylons and inform National Grid as part of their statutory consultation.

They say everyone has a book in them! And that is certainly the case for two local residents, Pete Langhorne from Mellis and Jeffrey Deacon from Gislingham who have both self-published their respective memoirs. We have featured both of their books this month.

Finally, on pages 30/31 I have introduced a new feature – "Days Out". Why? Because I had two pages to fill, and I went somewhere on the recommendation of another local resident and thoroughly enjoyed it! So, I thought, others may be interested too, as it is unusual. But I want readers to recommend places, as the only other place I ever go is to a football match! If you'd like to recommend a "day out" please tell us about it, preferably including some photos, and we'll look to feature it in a future issue. Otherwise, the new feature will be re-named "Football grounds to visit in Ipswich Town centre."

Until next month!



Jeff Norman, Editor e) themessengereditorial@gmail.com

Cover photo: Taken by Darrel Charles, in the fields behind Mill Street, Gislingham.

DIARY & LOCAL EVENTS



Tuesday 30th April: National Grid Pylons Consultation
Gislingham Village Hall: 12.00 – 5.00pm

Friday 3rd May: The Village Social Pop-Up Bar
- Gislingham Village Hall: 5.00pm – 10.00pm. See page 51 for details

Friday 3rd May: Wine Tasting Evening
- Thornhams Parish Hall: 7.00pm. See page 16 for details

Saturday 4th May: Book Sale
- Gislingham Village Hall: 10.00am – 12 noon

Saturday 4th May: Thornham Magna Bowls Club Open Day
- From 10.00am: Bowls Club, Thornham. – See page 14 for details.

Saturday 4th May: Mellis Quiz Night
- 7.00pm: Mellis Memorial Hall. See page 25 for details.

Tuesday 7th May: Thornhams Parish Hall AGM
- Thornhams Parish Hall: 7.00pm. See page 23 for details.

Wednesday 8th May: Friends of St. Mary's Church AGM.
- 7.00pm: St. Mary's Church, Gislingham. See page 20 for details.

Saturday 11h May: Jumble Sale in aid of FOGS
- 10.30am – 12.30pm: Gislingham Primary School. See page 39 for details.

Wednesday 15th May:
Gislingham WI – speaker Jeannie Bloomfield, BSE Women's Aid Centre
- Gislingham Village Hall: 7.30pm

Friday 17th May: Thornham Film Night – 'The Holdovers'
- Thornhams Parish Hall: 7.30pm. See page 51 for details

SAVE THE DATES:
- **Thursday 6th June:** Mellis D-Day 80th Anniversary, beacon from 6.30pm
- **Saturday 8th June:** Mellis Garden official opening and other activities from 10.00am
- **Saturday 15th June:** Gisfest
- **Saturday 6th July:** Gislingham Summer Fair
- **Saturday 14th September:** Gislingham Gardening, Arts & Produce Show

Please note, any event changes after the magazine goes to print are updated on our website at:
http://www.the-messenger-online.com/diary

Events and Club meetings etc., for inclusion in future issues should be sent to: themessengereditorial@gmail.com

Our next issue is June 2024. The "What's On" Diary deadline is: Monday 13th May

CLUBS, CLASSES & REGULAR EVENTS

parkrun: Thornham Walks
Every Saturday at 9.00am. 5k. www.parkrun.org.uk/thornhamwalks/

Baby and Tots Group for the Under 2's: Gislingham Primary School.
Every Wednesday 9.45am – 11.00am. Contact Debbie Nicholls: 07931 665 205

Carpet Bowls Club: Gislingham Village Hall. Every Monday 2.15pm to 4.15pm. £3.00 per session. All equipment provided.

Pilates Classes: Gislingham Village Hall.
Wednesdays 9.15am and 10.15am and also Thursdays 7.10pm
Becky Cruickshank: 07734 414151

Total Fitness: Gislingham Village Hall. Every Thursday 6.15pm - 7.00pm
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Becky Cruickshank: 07734 414151

Yoga Classes: Gislingham Village Hall. Tuesdays 7.00pm - 8.30pm
Contact Clare Hall on 07704 570877 or email: thornhamyoga@yahoo.com

Pilates Classes: Thornham Parish Hall
Tuesdays 10.00am - Pilates Seated & Standing (no floorwork)
Wednesdays 11.15am Every Body Pilates (general & all levels)
Contact: Michelle via email hello@yapl.co.uk

Circuit Training Fitness Class: Mellis Memorial Hall. Mondays 7.30pm – 8.30pm
Gus: 07540 473203 / anguswilkinson@btinternet.com

Thornham Bowls Club: Thornham Road, Thornham
New Members welcome. For more details contact Keith: 01379 871881

Gislingham WI: Gislingham Village Hall.
Meet the third Wednesday of every month at 7.30pm.
New members welcome.
For more details contact Margaret: 01379 783903 or Terrie: 01379 788521.

Mellis Canicross: Mellis Memorial Hall.
Meet Saturdays 7.30 am Autumn/Winter; 7.00am Spring/Sumner
Jog with your dog. Check out our Facebook page for updates.
Contact Lorraine on 07913 183534

Gislingham Silver Band: Gislingham Band Hut. Tuesdays 7.30pm - 9.30pm
Contact Iris Debock: 01379 788066 or debock.iris@gmail.com

Bellringing: Thornham Magna Church.
Mondays 7.30pm – 9.00pm. For details contact Sylvie: 01379 788130

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GISLINGHAM LITTER PICK REPORT

The Spring Litter Pick took place on Sunday 7th April in Gislingham organised by 1st Mendlesham Scout Group.

Twenty people (including seventy cubs, scouts and youngsters from the village), turned out on a bright, sunny morning, to pick up all the litter from the roadsides, grass verges, and footpaths around the village.



It was encouraging to see that not as much litter was collected as had been at previous litter picks.

That said, there were still thirteen bags of rubbish collected.

Thank you to everyone who helped and Martyn Bryant for organising.

Photo shows some of the some of the Litter Pickers with the rubbish they collected.



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Gislingham SUMMER FAYRE NEEDS YOU!

Gislingham Summer Fair is back this year after a 5-year absence!
The event will be held on Saturday 6th July.

This is where The School, Playgroup, Church, Village Hall, and W.I. all come together to bring a fun filled afternoon to the village. On the day, various stalls are run by the organisations, which help to raise money for them.

The Gislingham Summer Fair Committee would be grateful of any donations of Tombola items, alcohol for the barrow of beer, fill a jar (jars can be filled with small toys, pencils and paper, sweets, or anything you think children would like).

We also need prizes for the GRAND DRAW!

We would also like to incorporate a Classic Car Show in the School playground.
If you wish to exhibit your vintage or sports car please email: gislinghamsummerfair@gmail.com - it is free to enter your car!

In addition, trade stalls are available on the day, at £15.

If you can donate, please take your donation into the school office by the Thursday 20th June.

Many Thanks
Summer Fair Committee
All enquiries: gislinghamsummerfair@gmail.com



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GISLINGHAM PARISH COUNCIL NOTES



Agendas and Minutes from Parish Council Meetings can be found on the Parish Council Website. These Minutes are also affixed to the Parish Council Noticeboard located outside the Village Shop.

The first point of contact for any matters relating to the Parish Council, is the Parish Clerk on **clerk@gislinghamparishcouncil.com** or you can contact the Chair of the Parish Council on **07900 963471**.

Councillors would encourage all residents to look on the Gislingham Parish Council website at **http://gislinghamparishcouncil.com** to keep up to date on items which are discussed at meetings by Councillors. At these meetings there is time set aside for the public to voice any concerns they have in the Village.

*We currently have **Parish Councillor vacancies** on the Parish Council.*

We meet once a month on the third Monday of the month.

*If you are interested in becoming a Parish Councillor and would like details, please contact the Chair, Cllr Julie Bell by email **julie.bell@gislinghamparishcouncil.com** or on **07900 963471***

National Grid Pylons Consultation – Commenced on 10th April and runs for 10 weeks until 18th June. Note that in 2023, National Grid committed to review its Norwich to Tilbury proposals against the conclusions of ESO's Offshore Coordination Study. For details including the preliminary environmental impact report (PEIR) and a survey refer to: nationalgrid.com/norwich-to-tilbury



One of the many public consultation events organised by The National Grid will be held in Gislingham, details below:

Tuesday 30th April 2024 12-5pm at Gislingham Village Hall, Mill Street, Gislingham

DATE FOR YOUR DIARY:

Annual Village Meeting and Annual Parish Council Meeting

To be held on 20th May 2024 commencing at 7pm for the Annual Village Meeting when the recipients of the Watson Bowl and Volunteer of the Year will be announced followed by the Annual Parish Council Meeting.

Julie Bell, Chair, Gislingham Parish Council

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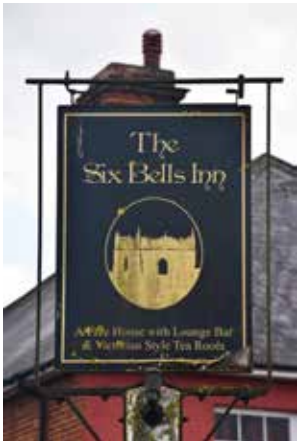
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THE SIX BELLS COMMUNITY GROUP UPDATE





Further to our update in the March Messenger, events have progressed.



Following our submission of a detailed paper setting out unequivocally the case for the reinstatement of the Six Bells as a public house, we have had two extensive meetings with Babergh & Mid Suffolk District Council (BMSDC) planners – the Director of Planning Control, the Head of Planning Enforcement and the Chairman of MSDC. These meetings have been very constructive.

One point of interest that we shared with BMSDC was a precedent in which a pub that had been closed for several years but where the owners continued to reside on the first floor, as is the case here in Gislingham. The local authority took enforcement action on the grounds that this was unlawful as the occupation of the first floor can only be ancillary to the building's permitted use as a pub.

BMSDC have issued a Planning Contravention Notice which required the owners of the Six Bells to provide information on the planned use of the building. Following our last meeting, the BMSDC planning team told us they needed time to take legal advice and consider any future action. We will be kept informed.

The Six Bells Community Group

Disclaimer: The articles published herein do not necessarily represent the views of The Messenger. They are the opinions of individual contributors and are published with a view that free expression promotes discussion and interests.

WOULD YOU LIKE TO PLAY BOWLS?

Would you like to play bowls? If so, THORNHAM MAGNA BOWLS CLUB will make you welcome!

No one is too young or too old (but under 16's need to be accompanied by an adult). Bowls is a good way of meeting people and socialising with others.

If you are interested, then why not make a telephone call to 01379 871881 or 07979 771303 to find out more details about us and when you could come and give it a try. We can guarantee that you will be made most welcome.

WE ALSO HAVE AN OPEN DAY ON SATURDAY 4TH MAY FROM 10-00AM.

The address of the Bowls Club is: Gislingham Road, Thornham Magna, IP23 6H. You can find us opposite the estate farm entrance.

All you need to play is some flat shoes, everything else will be provided.



ANYONE FOR TENNIS?

OPEN DAY JUNE 9th WORTHAM TENNIS CLUB



As we move from Winter into Spring and the weather improves, I thought it an appropriate moment to write about Wortham Tennis Club. However, that it is not to imply that the four courts are not used during the winter months. Members enjoy tennis so much that they play throughout all weather conditions!

The club originated in 1932 with one grass court and now, as many of you will know, consists of four tarmac courts with floodlights. In 2001 and 2009 Wortham was recognised as Suffolk LTA Tennis Club of the Year and Highly Commended for the same in 2011.

All ages play at Wortham and we have Kris as our coach who not only brings on the skills of the younger members but also the older players too, by way of individual and group sessions and the fun cardio sessions. Social tennis is of great importance as are Club tournaments and League matches. There is something for everyone.

Several events are already planned for the coming season, beginning with a BBQ, tennis and draw for the Club tournaments on 14th April. An Open Day will be taking place on June 9th when all of you who are interested can come to play for free. It is a friendly occasion when all ages are encouraged to try their skills with some expert help and refreshments throughout the day from 10.00am to 3.00pm. Coincidentally the occasion coincides with Wortham Open Gardens!

As an older member of the club who joined having had a gap from the constant tennis of my youth I can only say that the tennis brings total fun, not only for the sport itself but the friendships forged.

For any readers who would like further information here is the link:
https://clubspark.lta.org.uk/WorthamTennisClub
Wortham Lawn Tennis Club, Long Green, Wortham, Suffolk. IP22 1PP

Frances Beasley



WINE TASTING EVENING

Friday 3 May 7pm

Thornham Magna Village Hall

Join James from Corney & Barrow (Independent wine merchant)and prepare to travel with your wine tasting notebook to Italy. Sample delicious Italian wines and then compliment with our fabulous savoury sharing platter.

£19.50 per person

BOOKING & PAYMENT REQUIRED.
CONTACT:
AMANDACHURCH562@GMAIL.COM
FOR FURTHER INFO

NEWS FROM THORNHAM PARISH HALL



FUTURE EVENTS:

Friday 3rd May: Wine Tasting Evening
7.00pm. With 7 Italian wines and sharing platter. £19.50 per person.
Bookings: amandachurch562@gmail.com

Friday 17th May: Thornham Film Night – 'The Holdovers'
7.30pm: Bookings at films@thornhams.org

Sunday 9th June: Breakfast Club – Don Mobley (Airbases WW2)
10.00am: Bookings: breakfast@thornhams.org £8.00

Sunday 14th July: Wimbledon afternoon tea - with live match screening
2.00pm: Bookings: breakfast@thornhams.org £15.

Saturday 17th August: Flowers at Frog Farm (2.00pm)

Saturday 7th September: Pre-loved/vintage sale (12.00 noon – 3.00pm)

Saturday 14th September: Last night of the proms with canapes and cocktails (7.00pm)

Sunday 13th October: Autumn Fair – Raffle, tombola, craft stalls, refreshments, and more…

REGULAR WEEKLY EVENTS:

Pilates Classes on Tuesdays 10.00am - Pilates Seated & Standing (no floorwork)
and Wednesdays 11.15am Every Body Pilates (general & all levels)



THORNHAM MAGNA POST MILL



The post mill is the earliest type of European windmill. Its defining feature is that the whole body of the mill that houses the machinery is mounted on a single vertical post, around which it can be turned to bring the sails into the wind.

First mapped in 1675, The Post Mill at Thornham Magna, with two-story roundhouse stood in a network of small fields behind Mill House towards Paradise Plantation.

The house still stands, mid-way between the Four Horseshoes and the White Horse public houses. The mill, which was owned by the Rose family, worked until 1942, after which it fell into disrepair.





It was burnt out by boys from Kerrison Approved School at Thorndon in the afternoon of May 17th 1959 but the shell was left standing through the 1960's and the foundations remain visible.

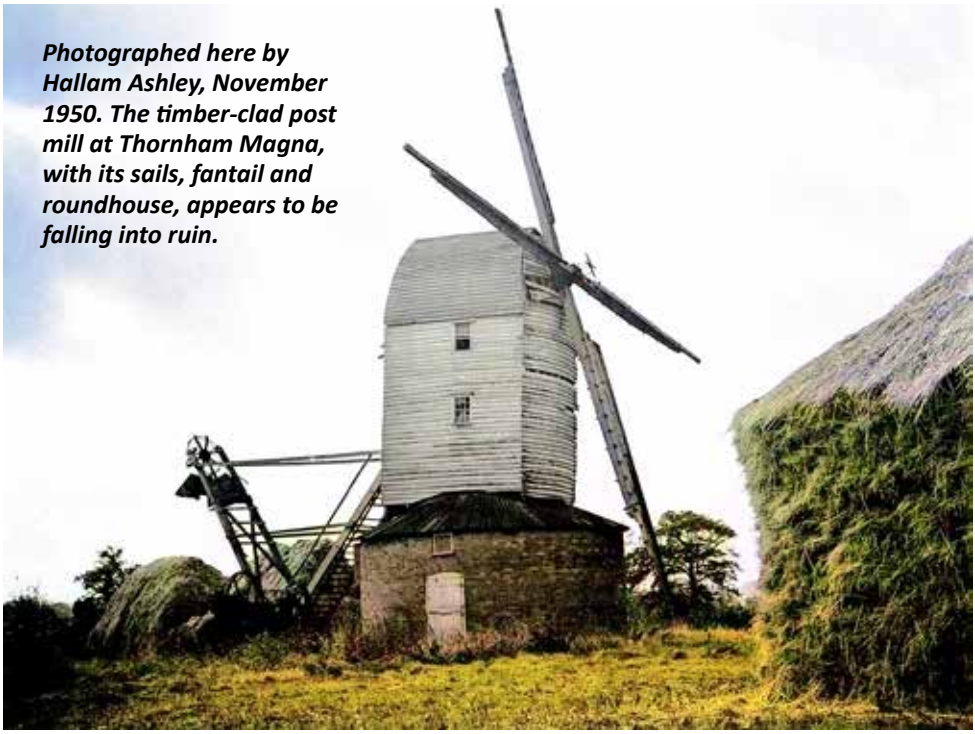
There were two patent and two common sails, two pairs of stones in the head and a fantail. The mill was very head sick and needed large piles of bricks in the tail to help the balance.

Technically known as a 'post mill', the massive wooden posts on which the mill stood were protected by the two-story brick roundhouse.

The Thornham mill was slightly unusual for having two sails of the normal wooden slatted type, and two covered with cloth.







Photographed here by Hallam Ashley, November 1950. The timber-clad post mill at Thornham Magna, with its sails, fantail and roundhouse, appears to be falling into ruin.

Sources: The Messenger', July 2016 – researched by Stephen Schwarz. 'Historic England' and 'Suffolk Heritage Explorer'. Photos from 'Gislingham History Hub' fb page.





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ANNUAL GENERAL MEETING

Everyone Welcome

St Mary's Church, Gislingham
Wednesday 8th May 2024 at 7pm

Special guest speakers
Jean Archdeacon & Helen Spencer

Find out why Historic England regards St Mary's as a site of national significance and how you can contribute to the Historic England "Missing Pieces" project.

Free refreshments to follow.
To ensure we have enough agendas, reports, etc., we would appreciate it if you could email Sandra Smith (sjaynes1@hotmail.co.uk) to confirm if you wish to attend.

NEWS FROM GISLINGHAM VILLAGE HALL

You will remember that during the floods of October 2023, villagers stepped in to help stranded motorists. As well as food and drink, many bought along various items of bedding, much of which is still being held at the Hall. If you would like to retrieve any item you left, please contact Terry Williams on 01379 783903 or gislinghamvillagehall@gmail.com

FUTURE EVENTS

Friday 3rd May: The Village Social - Pub Night
Doors open at 5.00 pm. Last Orders 9.45 pm.
Again, we would like to point out that under the terms of our licence, only drinks purchased at the bar can be consumed on the premises.

Saturday 18th May 2024: Quiz Night
- This event is now sold out

Saturday 15th June 2024: Gisfest - Details to follow

Saturday 10th August: Quiz Night - Details to follow

Saturday 21st September: Jumble Sale - Details to follow

Saturday 19th October: Quiz Night- -Details to follow

Saturday 7th December: Christmas Quiz Night - Details to follow

Saturday 7th December: Christmas Quiz Night - Details to follow



Follow us at www.facebook.com/GislinghamVillageHall/ PLEASE SUPPORT YOUR VILLAGE HALL

The Hall is available for hire at a cost of £10 per hour, which includes tables, chairs, lighting, heating, water etc. There are also village hall assets available for hire at an additional cost. These include, a sound system and a large screen television. Additionally, there are tables and chairs and a marquee which can be used outside of the hall.

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THORNHAM PARISH HALL AGM





THORNHAMS PARISH HALL

REGISTERED CHARITY NO. 1030553

NOTICE OF THORNHAMS PARISH HALL ANNUAL GENERAL MEETING

Notice is hereby given that the AGM will be held on
Tuesday 7th May 2024 at 7.00pm
at the Parish Hall

Chair: Rodger Davis

Email: rodgerdavis@btinternet.com Mob: 07976 361016

This is an open meeting; anyone is welcome to attend

THE RAILWAY TAVERN

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FRIDAY NIGHT FISH FRY

Fresh Fish & Chips served every Friday along with our regular menu from 6pm. Pub open from 4pm

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SATURDAY 4TH MAY 9PM ***BACKTRACKIN'***

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SUNDAY 5TH MAY 8.30PM ***SKA & REGGAE NIGHT***

With Park Radio's Calvin Armstrong and his Rocksteady Sound System.

THURSDAY 9TH MAY 8PM ***OPEN MIC NIGHT***

Calling all musicians and singers. Come along and have a go on stage.

SATURDAY 11TH MAY 8.30PM ***KARAOKE DISCO***

Musical merriment with video disco and karaoke.

THURSDAY 16TH MAY 7.30PM ***QUIZ NIGHT***

A fun general knowledge quiz. Maximum six people per team. £2 per person.

ALL money goes in to the prize pot. FREE snacks and nibbles during the interval

SUNDAY 19TH MAY 5PM ***DAISY & THE CONTINENTALS***

Like no other band you have seen before playing all kinds of instruments including the kitchen sink!

SUNDAY 26TH MAY 8.30PM ***DISCORD & RHYME***

It's back to the 80's with electro pop band. Covering Soft Cell, Duran Duran, Depeche Mode and so much more.

NEWS FROM MELLIS MEMORIAL HALL







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'Loitering Without Intent'
by Pete Langhorne

A memoir...

A tale of buses, tents, a sewing machine and other assorted nonsense...



Link on my fb page. Search 'Peter Langhorne' and find these jolly pictures.

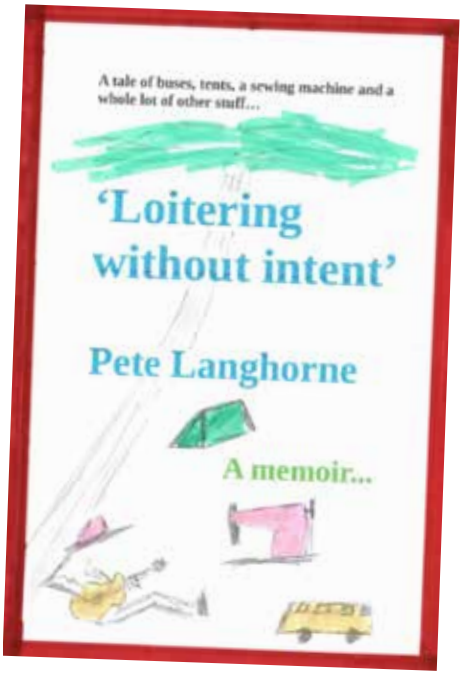
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Or scan this strange animal on the left.

https://www.amazon.co.uk/Loitering-without-intent-Pete-Langhorne/dp/B0B8BG7RNX/

AN UNEXPECTED AUTHOR IN MELLIS

They say everyone has a book in them but it's not everyone who actually manages to write it down! Unlikely author Peter Langhorne did just that and his memoir of bus driving through Europe in the 80's and all the escapades he had are charted in this self-published romp.



Peter has been a Mellis resident for 24 years but his early days were spent taking coaches full of eager tourists to Italy and the former Yugoslavia on camping holidays. They were heady days for a bus driver in the 1980's and the journey included a night's stopover in Salzburg and then three days relaxing at the tour operator's campsite on arrival. I don't need to leave it to your imagination as to what the drivers and reps all got up to whilst they 'rested' before taking more holidaymakers home as you can read in Peter's book "Loitering without intent' which he mainly wrote over lockdown. He had started writing it all down some 15 years ago, "whilst I remembered" he tells me but really got stuck in during the pandemic.

After driving buses Peter became a rep on the campsite with his then girlfriend and they enjoyed a fun filled lifestyle together in France as well as Italy and Yugoslavia. It was during this part of his career that he met a couple that would change his life, Charlie and Sue. They worked in the business of tents; modifying them and in turn Charlie designed his own range. Peter worked with them and then later Sue became Peter's partner and still is. After many years in the driving, camping and tent businesses they moved together to Cornwall and started their own, travelling around with their sewing machine, repairing tents for the big companies, all over Europe. They both still do this in the down season, but closer to home - for PGL camps around the UK.

It was fascinating to hear about the self-publishing process and how (through a rather large website that sells everything) you can upload and edit your text as well as design your cover. Peter is very modest about his achievement but it's hard not to be impressed by someone who has not just remembered all the entertaining stories of his youth but had the commitment to write them all down.

If you would like to buy a copy of Peter's book 'Loitering without intent' it's available on Amazon or go to Peter's Facebook page: https://www.facebook.com/profile.php?id=100086220562000 and click on the image of the book.

Angeline Braidwood

THE WAREHOUSE – NORFOLK



Antique Centre, European Beers Supermarket + Tap Room, Bar & Restaurant, described as "something for all the family under one roof" – The Warehouse at Setchey, near King's Lynn, was recommended to us by Simon Bell, another Gislingham resident.



Admittedly, it is 45miles away, which was approx. 75 minutes in the car, via Thetford and the A134, so we decided to make it a day out.

This destination is rather unique in that it has six unique experiences under one roof!

The Warehouse Antiques & Collectables Centre is East Anglia's largest Antique centre. This antique shop is a fantastic place to find any of the following items: retro, antique furniture, shabby-chic, coins, militaria, model cars, vintage items, books, stamps, ceramics, vinyl records, artwork, medals, glassware, jewellery, bygones, and more.

Choose from a range of periods including antiques from the Georgian, Victorian, Edwardian or Art Deco periods. Whether you are looking for traditional country home inspiration or a modern contemporary look, they have an extensive range of items.

The 15,000 square foot antique shop is home to over 100 dealers and 90 glass cabinets of beautiful and affordable items and is a fantastic place to get lost in for hours. It has even been featured on the popular TV shows: 'Bargain Hunt' and 'Antiques Road trip'.

Also, within the centre is an extensive picture gallery and bookshop. **The bookshop** is a treasure trove for book lovers of all ages, you can discover hidden treasures in the form of vintage editions, first editions, or rare books that you might not find in a regular bookshop.

Tucked inside The Warehouse Antiques and Collectables, is **The Steiff Shop**. (Steiff cuddly toys are the most famous teddy bears in the world!) There is also a **Ravensburger jigsaw shop** which is ideal for children's and adults' alike, who love jigsaws!







'Beers of Europe' is Britain's biggest beer shop. To put this into context, this is a Supermarket with more than 150,000 bottles and over 5,000 different UK ales, world beers, ciders, whiskies, spirits, fine wines and more! The selection of European liqueurs is amazing! All those drinks you thought you could only find when you are on holiday! It even includes miniatures, homebrew equipment, and branded glassware.

The Warehouse Taproom

The Warehouse Taproom, Bar and Restaurant opened in 2021. A sleek modern glass entrance leads you to the custom-built bar and restaurant. They also have a spacious beer garden with plenty of umbrellas for you to enjoy in the warmer. So, you can chill out and enjoy an ice-cold beer with family or friends and even your dogs who are welcome to explore the rest of our site too! Next to the Beer Garden is our enclosed custom-built Children's play area so you can keep a close watchful eye on children while enjoying your meal.



Having spent couple of hours in the Antique Centre, we were always going to try the bar for lunch!

There is a choice of 32 different bottled beers from Germany, Belgium, UK and the rest of Europe. There is a choice of 5 different ciders as well as 5 low-alcohol beers and also draught beers. If you prefer spirits; there are a choice of 25 gins, 10 vodkas, 10 Whiskeys, 16 different rums and 10 liqueurs.



There are six different menus on offer, depending on when you visit: Breakfast Menu, Main Menu, Pizza Menu, Sunday Lunch Menu, Children's Menu and there is even a Dog menu! There really is, something for everyone!



We chose, a Steak sandwich with caramelised onion in a ciabatta role, a coronation chicken sandwich and a fish finger sandwich with 3 soft drinks, which came to £34.50. With each sandwich coming with crisps and salad; we found these to be a very substantial lunch!

The centre is all on one level with easy access for the disabled. It is also fully heated and air-conditioned, carpeted and well laid out with wide corridors.

All in all, we thoroughly enjoyed our day out at The Warehouse. It was certainly something different!

Warehouse Antiques and Collectables & The Warehouse Taproom Bar & Restaurant
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If you'd like to recommend a day out or a place to go, please tell us about it preferably including some photos, and we'll look to feature it in a future issue.

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NATURE NOTES by Darrel Charles



Hello everyone, welcome back to Nature Notes!

The 2024 butterfly season has started and I've been pleased to see four species in the garden already: a Brimstone - a large yellow butterfly; several Commas (photo below); several Peacocks - a large brilliantly and multi-coloured butterfly; and a couple of Holly Blues (photo below). All of these, except the Holly Blue, will have hibernated over winter in their adult form, as will the Small Tortoiseshell and Red Admiral that we can also expect to now see. The Holly Blue will have over-wintered in its chrysalis form, probably on holly or ivy plants. We can now also expect to see Orange Tip butterflies fluttering about - one of my favourites!



Holly Blue on Green Alkanet



Comma basking on a nice piece of aged oak

A good resource for those of us interested in local butterflies is the Suffolk branch of the Butterfly Conservation organisation and their website is at https://www.suffolkbutterflies.org.uk/ The Sightings page is where the latest reported sightings of butterflies can be found, including dates and location information - very useful.

Last month I mentioned the comet that is currently in our skies, Comet 12P/Pons-Brooks. Due to "finger trouble" my first photo wasn't as good as it could have been but happily I got second chance a couple of weeks later. This photo shows more detail than my first effort and includes the comet's tail. The comet will remain visible in the west for an hour or so after sunset until the end of April. It is now, however, very low in the sky and likely to be hidden by trees and buildings. At its closest approach, the comet will be 232 million kilometres from Earth.



Comet 12P/Pons-Brooks

In early April, Chris Saunders in Gislingham got in touch to say he'd seen a Sparrowhawk in his garden after it had taken what might have been a pigeon. Chris had been quick on the draw with his camera and successfully took a number of excellent photos and a video of the bird as it fed on the hapless pigeon - nature in the raw.



As I write, the first Bluebell flowers are coming into bloom and make a fine sight in our woodlands. These beautiful and delicate flowers not only look good individually but can combine to create a fantastic carpet of colour when seen en-mass under the canopy of the trees. This photo was taken in woods near the village of Holbrook. Often seen near Bluebells are white Wild Garlic flowers. These blooms also look beautiful either singly or en-mass. This display was seen at Bradfield Woods.



I hope you have the opportunity to see some of these sights for yourself over the next few weeks!

Until next time, happy wildlife watching!



See these and other photos at my Flickr site: flickr.com/photos/darrelphoto/

See Tony Clarke's monthly list of local bird sightings at The Messenger on Facebook.

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TRIED & TESTED RECIPES by Debbie



THAI STYLE SPICED CHICKEN AND SATAY SAUCE WITH CORIANDER RICE AND PICKLED CARROT RIBBONS

This is a quick and easy dish to do in just 20-25 minutes.

Allergens: ***Sesame, Peanut, Cereals containing gluten, Soya.***

Ingredients for 2 people:

- 150g Jasmine Rice
- 3 to 4 Chicken Thighs
- 10g Thai Style Spice Blend
- 2 Carrots
- 22ml Rice Vinegar
- 60g Peanut Butter
- 64g Sweet Chilli Sauce
- 25ml: Soy Sauce
- 1 bunch: Coriander
- 25g Salted Peanuts
- 1 tsp Sugar
- 2 tbsp Hot Water



Method:

1. Preheat your oven to 240°C/220°C fan/gas mark 9. Boil a full kettle.
2. Pour the boiled water into a large saucepan with 1/4 tsp salt on high heat. Add the rice and cook for 12-13 mins.
3. Once cooked, drain in a sieve and pop back in the pan. Cover with a lid and leave to the side until ready to serve.
4. Meanwhile, lay the chicken thighs flat onto a baking tray.
5. Sprinkle over the Thai style spice blend, drizzle with oil, season with salt and pepper, then rub to coat.
6. Roast the chicken on the middle shelf until browned and cooked through, 12-15 mins.
7. Meanwhile, trim and peel the carrots. Use the peeler to peel long ribbons down the length of the carrots, stopping at the core.
8. In a medium bowl, combine the carrot, rice vinegar, sugar and a pinch of salt. Set aside to pickle. In a small bowl, add the peanut butter, sweet chilli sauce, soy sauce and hot water for the sauce.
9. Stir well until smooth. Set your satay sauce aside.
10. Roughly chop the coriander (stalks and all). Crush the peanuts using a rolling pin.
11. When everything's ready, fluff the rice up with a fork and stir through three quarters of the coriander.
12. Slice the roasted chicken widthways into 2cm slices.

Serving:

a) Share the coriander rice between your bowls.
b) Top with the sliced chicken and carrot pickle.
c) Drizzle the satay sauce over the chicken and finish with a sprinkle of peanuts and the remaining coriander.

BIGOD – BUNGAY CIRCULAR WALK

OS Explorer Map: 231 *Distance: approx. 7.2 kms/4.5 miles*

To start your walk, travel along the A143 and turn right for Earsham also signposted for the Castle Hotel. Continue through Earsham village and after leaving the east end of the village, park in the lay-by which is on the left at the far end.

The town centre displays a Roman well, a Saxon church, the remains of a Norman castle, a Benedictine priory, and a fine, lead-domed Butter Cross. The street is dominated by the majestic tower of St. Mary's which, as it rises above the landscape for miles around, serves as a symbol of Bungay's rich heritage.



Walk along the pavement towards Bungay and, as you cross the bridge over the river, cross the road to the footpath sign. Go through the gate and follow the path alongside the river. Look out for the cows whose milk makes the famous Baron Bigod Brie. At the end of the path turn right, cross over the footbridge, go through the gate and continue along this footpath. Pass the 1st Earsham Scout HQ on the left and, as you cross the river over a large bridge, turn left at the start of the Angles Way. This footpath continues adjacent to the river with a hedge and gardens on the right.





Cross over the first wooden bridge and view Earsham Mill on your right. After crossing the second bridge, enter the field (although there is no signage). Turn left, follow the river for a while and then bear right towards a metal gate next to a concrete track with farm buildings ahead. Go through two sets of metal gates and over the concrete bridge, then head slightly to your right towards another metal gate. Cross another track and go through a gate which leads to the main road. Lowlands Farm on the left which is where the award-winning Baron Bigod Brie is made. There is a small self-service shop to purchase their produce.



Cross the road and go through the gate with the 'Private, Footpath only' sign. There is now a very steep rise up the hill. When you get to the top, turn around and take in the view over the farm towards Bungay. At the top, go through the wooden gate, turn right and follow the hedgerow. Continue along this path, which has several turns, go through a gap in the hedge and turn right where the path turns into a concrete road. Continue along as the path bears left towards the farm and then continue straight until you reach a finger post. Turn left through a narrow opening in bushes. At the end, don't turn right onto the bridleway, turn left along the road and head towards the farm buildings. You will go through the farm and, as you leave, you will see the pond on your right.

Continue for 500m and you will see a finger post on the left where the footpath crosses a small sleeper bridge and continues across the field. Continue until the next concrete road where signs say to stick to the footpath. Cross over the road onto a narrow path which descends through a small cutting. When you reach the road, turn left and head for the crossroads. Cross over onto Flixton Road and head towards Bungay town centre.



You will pass the old Mill, which was built in 1830, on your right. It worked by wind until 1918 when it was struck by lightning. Later, it was truncated by one storey and converted to residential accommodation.



As you get closer to the town centre, the houses are Georgian or even older. On the right you will see St Edmunds Catholic church. You can read about its fascinating history on Bungay's webpage. Next door is St. Mary's church, which was built in the late C15. St Mary's is also famous for the visitation of the Black Dog of Bungay - which appeared during a terrifying storm in 1577 and attacked the congregation.



When you get to the bus stop, opposite the Butter Cross, turn left, walk through the gap and, at the Bigod's Kitchen Cafe, turn right and head for the castle.

The Bigods were a powerful Norman family who assisted William of Normandy with the Conquest of England in 1066. As a reward for their support, he granted them manors and lands throughout East Anglia, including Bungay and Framlingham.



The castle was closed throughout 2023 for repairs, but we have visited in the past by purchasing a ticket via the Bigod's Kitchen Cafe where the entrance to the castle is.

You can continue along the path to reach the rear of the Castle Inn, where you can purchase refreshments. Unfortunately, on the day we walked (Easter Monday), this pub was closed, so we walked back to The Fleece in the High St. and had a refreshing pint. They also do a great range of food here. There are also many interesting shops and other eating establishments.

When you are ready, leave Bungay past the Castle Inn and continue along the road over a narrow bridge, walk past the starting point footpath and you will arrive back at the lay-by you started at.

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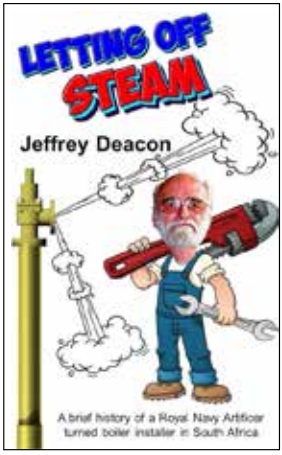


Letting off Steam by Jeffrey Deacon



Hello bookworms! I hope everyone has been reading some great books lately! This month I have something a little different to review as this book has been written by a Gislingham resident who kindly sent me a copy of his book to read.

As normal when it comes to non-fiction books and autobiographies etc, I haven't given this read a star rating as rating people's lives and personal experiences out of five doesn't sit well with me, however I really enjoyed this one, and reading something written by and about someone local has been a huge contrast to always reading the autobiographies to big stars and celebrities.



"Letting off Steam" by Jeffrey Deacon takes you through the journey and life experiences of someone who was brought up in a Royal Navy environment with his father being a submariner and how he himself lived the Royal Navy life, how he got there and what came after.

Jeff joined the Navy, on surface ships and boats, and travelled the world with many fascinating tales. When a series of events took him out of the Navy into civilian life, he used his expertise as an Artificer in the Navy managing steam boilers, turbines, and diesels, to install boilers in South Africa before finally coming back to the UK.

Hearing all about Jeff's journey was really interesting and the short stories were well written and were broken down into chunks that made it an easy read and was easy to pick up and read to get back into. For anyone who wants a copy of this book, it is available on Amazon.

As I have previously mentioned, being at university this year has taken up a lot of my time and I have been finding it increasingly difficult to find the time to read. So, until the summer break comes and I can get back to my usual reading and reviewing schedule, The Messenger will feature some reviews by others in the village and I can't wait to see what they have to share with us.

Have you got a book you have enjoyed and want to share with Messenger readers? Let me know what book and why in 50 words or fewer and I'll look to feature an assortment of recommendations from readers one month. Or if you'd like to be a "Guest Reviewer", send me a book review of approx. 350 words along with a "Head and shoulders" photo. And the page is yours!

Email me at: charlotte_norman@me.com

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TERRAPIN NEWS



We are being consulted again by National Grid on the proposed Norwich to Tilbury upgrade. This statutory consultation will run for 10 weeks and close on the 18th June.



There are some changes to the initial consultation as a result of feedback from communities and landowners. Locally, the suggested route past Mellis has moved North and West and is further East of Wortham to allow the airstrip at Brook Farm to continue to operate. There is also a Waveney Valley alternative with more underground cabling although this comes at an environmental cost too. These proposed changes will now have other consequences for residents and landowners. National Grid are holding local meetings, I will be attending the Gislingham event on the afternoon of Tuesday 30th April.

Bron Curtis, The Babergh and Mid Suffolk Principal Planning Officer who is dedicated to formulating the joint councils' responses to the Norwich to Tilbury consultation has asked all councillors with wards affected by the proposed route of the Norwich to Tilbury pylons to flag any specific concerns being raised within our respective communities. She will be coordinating field visits by our technical advisers so it would be helpful to have as much information about our communities' concerns in relation n to specific views, assets, habitats, species or other features and matters. I understand that although it is difficult at this stage to change the route it is possible to move individual pylons 20/30 metres.

We are expecting publication of an independent study, funded by Suffolk and Norfolk County Councils focussing on the visual and landscape value of the Waveney Valley by 19th April. The study will be hosted on the SCC and NCC websites and I will share a link with the Parish councils when available.

Mid Suffolk and South Norfolk officers have been involved in discussions around this study which is likely to be referenced in the draft BMSDC response to the current statutory consultation for the project, which will be presented to B and MSDC cabinets on 11th June. Please contact me if you wish me to pass any comments to Bron to make sure the District Councils' response is as sensitive as possible to local issues. You can also complete your own, individual feedback questionnaire – see page 5 of the April National Grid's Community Newsletter.

All the documents can be found here: https://www.nationalgrid.com/electricity-transmission/network-and-infrastructure/infrastructure-projects/norwich-to-tilbury/document-library

The ESO Study that explores the different solutions can be found here: https://www.nationalgrideso.com/document/304496/download

and the Interactive map here: https://norwichtotilburymap.nationalgrid.com/

Your local council still takes the position that an offshore integrated grid is the best solution to getting the electricity where it is needed however National Grid are claiming that to meet their contractual agreements to provide a connection to the offshore producers by 2030 and also meet the government's regulatory requirements to minimise the cost to consumers the only solution is the Norwich to Tilbury Upgrade. We are concerned that the true cost of the on-shore route is underestimated.

Rowland Warboys District Cllr. Gislingham Ward email: rowland.warboys@midsuffolk.gov.uk

Post Script: *I have clarified with National Grid that current planning applications for Solar Farms and Battery Storage schemes are linked to the existing grid but there may be future proposals as more connectivity is available, these will all be subject to individual applications for planning permission.*

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GISLINGHAM UNITED CHARITY

VACANCY: CLERK TO GISLINGHAM UNITED CHARITY

A vacancy has arisen for a freelance Clerk to Gislingham United Charity (GUC).

The work consists of approximately 12 – 15 hours per month. The rate of pay is dependent on experience.

The prospective candidate should be an experienced Administrator who can demonstrate excellent administrative skills, including the maintenance of both paper and electronic records. There would be a handover from the current Acting Clerk.

Knowledge of Charity Management and Charity Law would be advantageous but is not essential as training will be given. The Clerk acts as the interface between the Trustees and applicants for grants, and between the Trustees and outside organisations like the Charity Commission.

GUC Trustees meet six times per year, currently on the third Friday of every other month at 7pm in the Village Hall.

Candidates would be expected to take accurate minutes and have experience of Microsoft software, in particular Word and Excel.

Those interested should apply in writing or email with a copy of their CV and covering letter to:

Acting Clerk
Sheila Eade
Woodberry, High Street, Gislingham, IP23 8JD
01379 783541
Email: gislinghamunitedcharity@gmail.com

The Gislingham United Charity continues to welcome applications from residents of Gislingham who find themselves in hardship or need. We also consider requests for educational purposes, for residents of all ages, whether at school, in further or higher education, or in vocational training.

The Trustees will consider all applications received up to 48 hours before each meeting.

The remaining meeting dates for 2024 are 17th May, 19th July, 20th September, and 15th November.

All applications should be made to:
The Acting Clerk at 'Woodberry', High Street, Gislingham, IP23 8JD.
Telephone: 01379 783541. Email: gislinghamunitedcharity@gmail.com

Gislingham United Charity is a registered charity, No. 208340. The Trustees are volunteers.

The Trustees are seeking to appoint a new permanent clerk. Anyone interested in this part-time paid position should contact the Chair on chairguc@gmail.com

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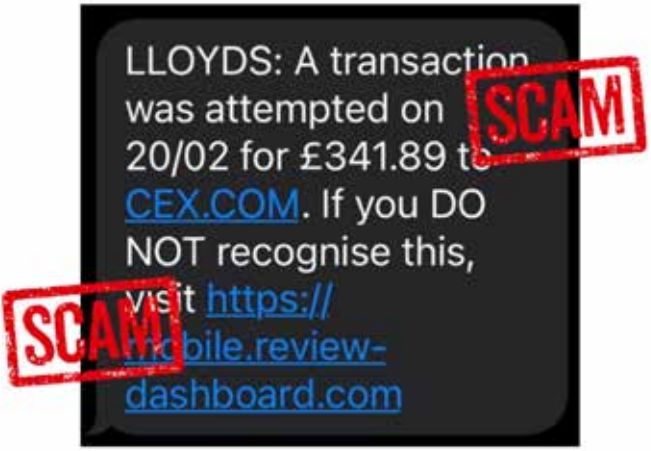
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iPhone or iPad: How to forward a text message:

1. Take a note of the number that sent you the message.
2. Press and hold on the message bubble.
3. Tap More.
4. Select the message or messages you want to forward.
5. Tap the arrow on the bottom right of your screen.
6. Input 7726 and send.

Android: How to forward a text message:

1. Take a note of the number that sent you the message.
2. Enter the conversation then press and hold on the message bubble.
3. Tap on the three vertical dots on the top right of your screen.
4. Tap Forward.
5. Input 7726 and send.

If 7726 doesn't work, you can find out how to report a text message by contacting your phone provider.

You can also take a screenshot or screen recording of the text message and send it to the National Cyber Security Centre at report@phishing.gov.uk.

THE MESSENGER CONNECTION QUIZ

There are 10 questions. The answers to the first 9 questions form a connection of some kind.

1. A contest or competition in which only the winner is rewarded and none of the losers get anything.
2. Known as "BJK" – what are the two Christian names of former American female world No. 1 tennis player. She won 39 Grand Slam titles.
3. A pinkish red to blood-red coloured gemstone.
4. Novel by Emily Bronte first published in 1847?
5. The southernmost state in the New England region of the North eastern United States. It borders Rhode Island to its east, Massachusetts to its north, New York to its west, and Long Island Sound to its south.
6. Adrian Edmondson, Rik Mayall, Nigel Planer & Christopher Ryan?
7. Started in 1892, this monthly fashion and lifestyle magazine covers style news, including haute couture fashion, beauty, culture, living, and runway.
8. One of the names given to the bonnet mascot on Rolls Royce cars?
9. There is only two places in the British Isles where Britain and Ireland can be viewed simultaneously, one is Mount Snaefell on the Isle of Man, where is the other?
10. What links the previous 9 answers?

Answers appear on page 63.

SUDOKU CHALLENGE

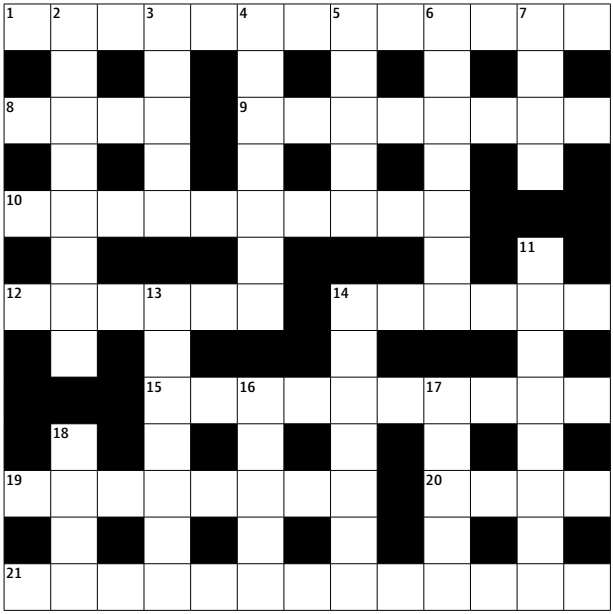
		6		8		1		
2				4	5	6		
9	1							
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			4	9	2		1	
							7	1
		1	9	2				8
		5		6		2		

Each 3 x 3 box, each row and each column must contain all the numbers 1 to 9

Last issue solution

8	3	2	7	5	6	4	1	9
9	7	1	2	4	8	5	6	3
6	4	5	1	3	9	8	7	2
5	8	4	6	2	7	9	3	1
1	2	3	8	9	4	7	5	6
7	9	6	5	1	3	2	4	8
4	1	9	3	8	5	6	2	7
3	5	7	9	6	2	1	8	4
2	6	8	4	7	1	3	9	5

CROSSWORD CHALLENGE



Across

1 Not that attractive — optional in gin (anag) (2,3,8)
8 Remain (4)
9 Heating device (8)
10 Fruit-filled sweetened pastry from Lancashire (6,4)
12 Young woman (in distress?) (6)
14 Intellectual — scientist (6)
15 1976 Martin Scorsese film starring Robert De Niro (4,6)
19 Insinuation, often of a malicious nature (8)
20 Perfectly (2,1,1)
21 CD and XL, for example (5,8)

Down

2 Eye expert (8)
3 Pastoral poem (5)
4 Reading carefully (7)
5 Code word for I (5)
6 Cockney thief? (3,4)
7 Interior angle formed by two walls meeting (4)
11 Computer security system (8)
13 Seedless citrus fruit (7)
14 Boudoir (7)
16 Colourless odourless gas, Xe (5)
17 Milan's other footballers (5)
18 Remarkable (in Scotland) (4)

Last issue solution

■	■	■	O	■	T	■	E	■	S	■	■	■
■	C	O	G	N	O	S	C	E	N	T	I	■
■	U	■	R	■	P	■	L	■	A	■	N	■
B	R	I	E	■	I	N	A	C	T	I	V	E
■	T	■	■	■	C	■	T	■	C	■	I	■
G	A	N	G	W	A	Y	■	T	H	I	G	H
■	I	■	A	■	L	■	B	■	E	■	I	■
A	N	O	D	E	■	R	E	A	D	I	L	Y
■	C	■	G	■	P	■	R	■	■	■	A	■
H	A	V	E	N	O	T	S	■	P	I	T	H
■	L	■	T	■	L	■	E	■	A	■	O	■
■	L	O	R	R	Y	D	R	I	V	E	R	■
■	■	■	Y	■	P	■	K	■	E	■	■	■

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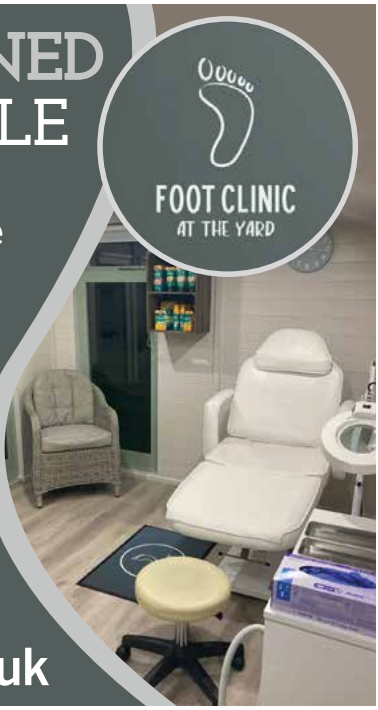
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24TH - 26TH AUGUST 2024



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We would also be grateful for any volunteers to assist with erecting marquees, and helping with our grand draw.

If you have any spare time or would like to donate a prize, **please contact Chris Pitt on: krisspitt@btinternet.com**





Answers to the Connection Quiz on page 60.

1. The Winner Takes It All – Abba, 2. Billy Jean – Michael Jackson, 3. Ruby – Kaiser Chiefs, 4. Wuthering Heights – Kate Bush, 5. Massachusetts – The Bee Gees, 6. The Young Ones – Cliff Richard, 7. Vogue – Madonna, 8. Silver Lady – David Soul, 9. Mull of Kintyre – Wings, 10. They were all British No.1 hit records

SOUTH HARTISMERE BENEFICE



By the time you are reading these words (if you are kind enough to do so) we shall be approaching what the Church calls 'Ascension Day'. This year it falls on 9th May. It signals the end of the period from Easter Sunday - when we have been remembering the appearances of Jesus after his Resurrection - and marks Jesus's return to his Father in Heaven. As St Luke described it:

'As they were watching, he was lifted up, and a cloud took him out of their sight.'

Over the centuries, illustrators have depicted the Ascension in ways that sometimes make it difficult to keep a straight face. You may have seen stained glass windows with the feet of Jesus disappearing into a cloud at the top of the frame. The above picture of the Ascension is from an illuminated manuscript in Cambridge: a reproduction of it was once sent me by a very devout friend who wrote on the back, "Is the Lord leaping for joy, or has he just scored a goal?"

Luke's account of the Ascension reflects the ancient world's understanding of the universe: Heaven up above us, and Hell somewhere beneath our feet. Part of the problem of depicting such an Ascension is that such ideas don't readily fit with our understanding of the cosmos, or our place within it. (At the most basic level, the very direction of such an ascension would, in a spinning world, be changing every second.)

The Bible does, however, contain another account of the Ascension, that by St Matthew. According to Matthew, Jesus blesses his followers, commissions them to preach to the whole world, and ends:

'Remember, I am with you always, to the end of the age.'

This may be nearer to the point. It implies that the Ascension is not so much about Jesus going away from us, but of taking us with him. It suggests that the humanity that he assumed at his birth in Bethlehem is not something to be discarded, but something he retains for ever, as he returns to the embrace of his Father.

We live in a world of appalling pain and existential threat. Just when we think things can't get any worse, the news channels prove us wrong. I don't want to imagine what may have happened - in Gaza, in Ukraine, or anywhere else - between my writing these words and you reading them. The Christian message does not deny those horrors, but affirms that the sorrow of it all is felt most keenly in the heart of God. When Jesus ascended to his Father, he took that pain with him, and he takes us also - in all our failures, and frailty, and glory. As the priest-poet Malcolm Guite put it:

We saw him go, and yet we were not parted,
He took us with him to the heart of things,
The heart that broke for all the broken-hearted
Is whole and heaven-centred now …

That is what I shall be celebrating on 9th May. We really ***are*** all in it together.

Alan

Saturday 4th May	Wetheringsett	10.30 – 12noon	CONNECT
Sunday 5th May	Gislingham	10.30am	Worship for All
6th Sunday of Easter	Thorndon	10.30am	Holy Communion
Thursday 9th May	Thornham Parva	7.00pm	Ascension Day Service
Ascension Day			
Sunday 12th May	Stoke Ash	10.30am	Benefice Holy Communion
7th Sunday of Easter			
Sunday 19th May	Thornham Parva	10.30am	Worship for All
Day of Pentecost	Gislingham	10.30am	Holy Communion
Whit Sunday	Thorndon	10.30am	Worship for All
	Thorndon	4.00pm	CONNECT
Sunday 26th May	Thornham Magna	10.30am	Holy Communion
Trinity Sunday	Wetheringsett	10.30am	Worship for All
	Yaxley	10.30am	Worship for All

Telephone Church BCP Holy Communion is on Thursdays at 11.00am



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Reverend Debbie Nicholls
Curate
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South Hartismere Churches

LOCAL INFORMATION

Gislingham Bus Timetable

Dan's Coaches (www.danscoachtravel.co.uk):

Route 457 to Stowmarket (Thursdays only – Market Day):

Leaves Gislingham shop 09:15 / Arrives Stowmarket (Argos) 10:18
Return leaves Stowmarket (Adj Station Road West / Bury St) 12.50 / Arrives Gislingham 13:43

Route 456 to Diss (Fridays only – Market Day

Leaves Gislingham shop 10.06 / Thornham Walks & Church 10.09 / Arrives Diss Bus Station 10.35
Return leaves Diss Bus Station 13.15 / Arrives Gislingham shop 13.46

Fareline Bus (Weds only – Market Day) to Bury St. Edmunds:

Leaves Gislingham 09:46am / Arrives BSE bus station 10.48
Returns from Bury St. Edmunds leaves 13:25 / Arrives Gislingham 14.32

Mellis Bus Timetable

https://www.simonds.co.uk/local-bus-times)

110 – Eye to Diss

Eye – Diss (Monday to Friday) - leaves Mellis, opp. Railway Tavern: 10.46
Diss – Eye (Monday to Friday) – leaves Diss, adj. Bus Station: 13.30

Thornham Bus Timetable

Fairline Bus 320 (Weds only)

Thornham Magna (Four Horseshoes) 09:40am / Arrives BSE bus station 10.48
Returns from Bury St. Edmunds 13:25, arriving back at Thornham Magna 14:36



Post Van: Gislingham
Fridays at Village Hall:
12.15 – 14.15



Mobile Library: Gislingham
The 2024 dates for the Mobile Library are as follows:- 22 May, 19 June, 17 July, 14 Aug, 11 Sept, 9 Oct, 6 Nov, 4 Dec.
Broadfields Road: 15.10 = 15.45
Mill Street: 15.50 – 16.05

IMPORTANT CONTACTS

Anglian Water Emergency	0800 145145
Botesdale Health Centre	01379 898295
Church Wardens:	
Gislingham - Ann Cottee	01379 788633
Mellis - Betty Wells	01379 788155
Thornham Magna and Thornham Parva - James Fawcett	01379 788130
Citizens Advice Bureau Diss	01379 640530
Clerk (Parish) (Gislingham) clerk@gislinghamparishcouncil.com	07900 963471
Clerk (Parish) (Christine Moore - Thornham Parva)	01379 783226
Connecting Communities = Suffolk Passenger Transport	01449 614271
Crime Stoppers	0800 555111
District Council - Cllr Rowland Warboys rowland.warboys@midsuffolk.gov.uk	01379 783412
Electricity Emergency	08007 838838
Essex & Suffolk Water Emergency	08457 820999
Eye Health Centre	01379 870689
Hall Bookings (Gislingham - Terry Williams -) email gislinghamvillagehall@gmail.com (Mellis - Helen Timmons - Mellis) email: bookmellishall@gmail.com (Thornham) email: hallhire@thornhams.org	01379 783903 01379 783449
Mellis Parish Council Chairperson (Lawrie Read) mellisparishcouncil@gmail.com	01379 788248
Mendlesham Health Centre	01449 767722
Member of Parliament - Jo Churchill jo.churchill.mp@parliament.uk - www.jochurchill.org.uk	01284 752311 020 7219 8487
NHS Direct	111
Suffolk Doctors On Call	03001 303066
Suffolk Fire Service & Community Fire Safety	01473 260586
Suffolk County Council -Cllr Jessica Fleming jessica.fleming@suffolk.gov.uk	01449 711065
Suffolk Police (non urgent)	101

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