The Messenger



Issue 143
November
2023

Serving Gislingham, Mellis and the Thornhams

WINNER
NATIONAL
PARISH
MAGAZINE
AWARDS

THE MESSENGER TEAM



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News and features from the Messenger are added every month to the Messenger website **www.the-messenger-online.com**

Next issue: December 2023
Copy deadline: Monday 13th November

E-mailed or hand-written submissions always welcome. The editor reserves the right to edit, amend or omit submitted items at his discretion.

You can find the Messenger Facebook page at:
https://www.facebook.com/themessengergismeltho

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WELCOME TO THE MESSENGER



EDITOR'S NOTES – November 2023

Welcome to the November issue!

I have to start this month by mentioning the "trial" 'Village Social Pop-Up Bar' event held at Gislingham Village Hall on October 6th.

To say it was well supported is an understatement. If anything, it was too well attended! But suffice to say, lessons have been learnt and the next event scheduled for November 3rd will have some improvements – including a food van in the village hall car park! (More details can be found on pages 16 & 17).

It was great to see so many villagers both new and old gathering once again. Much credit and thanks should go to the Village Hall committee who helped organise this event and certainly between them consumed their fair share on the night!

Elsewhere in this issue……

Congratulations should also go to the team at the Four Horseshoes at Thornham Magna for their recent haul of accolades. (Page 7). The Four Horseshoes is clearly doing a lot right!

A few reminders:

Sunday 12th November is Remembrance Sunday and there are 'Acts of Remembrance' being held at 10.50am at all four of our churches. (Details can be found on pages 59.)

With the festive season looming you will find entry details (Page 9) for our Children's Christmas Artwork competition to find a Christmas themed piece of artwork created by local children of primary school age (or younger) that will appear on the cover of our December issue. (You will notice entries can be submitted to Mellis School Office, Gislingham School Office, and Gislingham Playgroup, for ease of submitting entries).

Finally, our December issue, has an early deadline date - Monday 13th November. If you have an event in December or January to promote or an article to submit, please send your information as soon as possible. (Please note, we do not publish a January issue, so if there are any events planned for January, they need to be detailed in the December issue). Thank you. I hope you enjoy reading this issue!



Jeff Norman, Editor e) themessengereditorial@gmail.com

Please note, this issue went to print on Friday 20th October as news of the floods was just breaking so we'll cover some of the heroics in the December issue.

Cover photo: taken on Gislingham Road at Thornham Magna

DIARY & LOCAL EVENTS



Thursday 2nd November: Spooky Tales – The Day of the Dead
- Thornham Walks Visitor Centre: 6.00pm-7.00pm
- See page 55 for details

Friday 3rd November: The Village Social Pop-Up Bar
- Gislingham Village Hall: 5.00pm – 10.00pm
- See page 16 for details

Saturday 4th November: Book Sale, Coffee & Cakes
- Gislingham Village Hall: 10.00am – 12 noon
- Homemade cakes & refreshments etc.

Saturday 11th November: Quiz Night
- Mellis Memorial Hall: 7.00pm
- See page 27 for details

Wednesday 15th November: Gislingham WI – Annual Meeting and Beetle Drive.
- Gislingham Village Hall: 7.30pm

Friday 10th November: Children's Christmas Art Competition
- Deadline day for entries TODAY
- See page 9 for details

Friday 17th November: Thornham Film Night – 'Elvis'
- Thornham Parish Hall: 7.30pm
- See page 18 for details

Friday 24th November: Cinema at Eye: 'High Society'
- Eye Community Centre: 7.30pm
- see page 54 for details

Saturday 25th November: Gislingham Christmas Fayre
- Gislingham School: 12.30 – 4.00
- See page 27 for details

Saturday 25th November: An evening with Jane Hoggar
- Gislingham Village Hall: 7.00pm
- see page 23 for details

Saturday 2nd December: Christmas themed Book Sale
- Gislingham Village Hall: 10.00am – 12 noon
- Mulled wine, mince pies, raffle, Christmas dress optional

Events and Club meetings etc., for inclusion in future issues should be sent to: themessengereditorial@gmail.com

Our next issue is December 2023. The "What's On" Diary deadline is: Monday 13 Nov.

CLUBS, CLASSES & REGULAR EVENTS

parkrun: Thornham Walks
Every Saturday at 9.00am. 5k. www.parkrun.org.uk/thornhamwalks/

Baby and Tots Group for the Under 2's: Gislingham Primary School.
Every Wednesday 9.45am – 11.00am. Contact Debbie Nicholls: 07931 665 205

Thornham Chat & Play: Thornham Parish Hall
Every Thursday 9:30 – 12.00. Babies & wobbly walkers

Carpet Bowls Club: Gislingham Village Hall. Every Monday 2.15pm – 3.45pm
Led by qualified bowls coach. £3.00 per session. All equipment provided.

Pilates Classes: Gislingham Village Hall.
Wednesdays 9.15am and 10.15am and also Thursdays 7.10pm
Becky Cruickshank: 07734 414151

Total Fitness: Gislingham Village Hall. Every Thursday 6.15pm - 7.00pm
A cardio fitness class that can be adapted to all abilities.
Becky Cruickshank: 07734 414151

Yoga Classes: Gislingham Village Hall. Tuesdays 7.00pm - 8.30pm
Contact Clare Hall on 07704 570877 or email: thornhamyoga@yahoo.com

Pilates Classes: Thornham Parish Hall.
Wednesdays 9.30am – Pilates gentle, no floorwork. Contact: Michelle via email: hello@yapl.co.uk

Circuit Training Fitness Class: Mellis Memorial Hall. Mondays 7.30pm – 8.30pm
Gus: 07540 473203 / anguswilkinson@btinternet.com

Thornham Bowls Club: Thornham Road, Thornham
New Members welcome. For more details contact Keith: 01379 871881

Gislingham WI: Gislingham Village Hall.
Meet the third Wednesday of every month at 7.30pm. New Members welcome. For more details contact Sue: 01379788093 or Terrie: 01379 788521.

Mellis Canicross: Mellis Memorial Hall.
Meet Saturdays 7.30 am Autumn/Winter; 7.00am Spring/Sumner
Jog with your dog. Check out our Facebook page for updates.
Contact Lorraine on 07913 183534

Gislingham Silver Band: Gislingham Band Hut. Tuesdays 7.30pm - 9.30pm
Contact Iris Debock: 01379 788066 or debock.iris@gmail.com

Bellringing: Thornham Magna Church.
Mondays 7.30pm – 9.00pm. For details contact Sylvie: 01379 788130



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AWARDS GALORE AT THE FOUR HORSESHOES

The Four Horseshoes at Thornham Magna has scooped three awards in the past month!



TRIPADVISOR, Traveler's Choice award
As reviewed now by hundreds of guests, this puts The Four Horseshoes in the top 10% establishments in the world to have such a rating on TripAdvisor.

HOTELS.COM
On-going positive reviews from customers have rated the venue 9.2 out of 10 for their cosy B&B rooms and the home cooked menus in the restaurant.

SCORES ON THE DOORS
The pub has retained their 5/5 food hygiene rating in the kitchens.

Tom Parkhurst, Landlord said: "Anyone that's worked in hospitality will know just how stressful an on-the-spot visit from the local environmental health officer can be. The kitchen crew were put through their paces and came out with flying colours. The EHO even commented our allergen control system was some of the best and most comprehensive work he had seen! These awards are a great reflection on the hard-working team we have at the Horseshoes. They really a 5-Star team!

"I want to mention everyone individually, as without them these awards would not have been possible; so a big shout out in no particular order, because everyone is amazing; Karen, Tracy, Elizabeth, Oli, Kathryn, Amber, Jess, Charlie, Sarah, Neve, Skye, Rigs, Dickie, Terri, Calum, Lara, Jamie, Frank, Kiera, Davina, Beth, Archie, Susie, Leah, Grace, Mollie, Rhys, Harry, Jasmine, Mabel, Louise, Mia, Caitlin, & Lucie.

I'd also like to take the opportunity to say a huge thank you to all of those Messenger readers, friends & neighbours who continue to support us and make 'The Shoes' such a warm and friendly place to visit. We are now all-systems-go for the festive period, our Christmas menu is available from Friday 17th Nov to Saturday 23rd December. Please note, we will be closed Christmas Day & Boxing Day to allow our team some family time."

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Children's Christmas art competition

It's time for the Annual Christmas Artwork Competition for children under the age of 12 living in Gislingham, Mellis and the Thornhams.

The winning picture will appear on the cover of the December issue and the winners of each age category will be published inside the magazine.



The age categories are:

- **Age 2-4**
- **Age 5-6**
- **Age 7-8**
- **Age 9-11**

The criteria are:

1) Paper used must be no bigger than A4.
2) Actual design must be 20cm high x 17cm wide.
3) Closing date for entries: 10/11/23.
4) Submit entries to: Gislingham School Office, Mellis School Office, Gislingham Playgroup or Strawberry Fields, High Street, Gislingham (next to Gislingham Village store)
5) Name, address and age of child MUST be written on BACK of picture.
6) The Committee of the Messenger magazine will choose the winners.
8) A small prize will be awarded to the winner of each category.
9) The artist's name and age will be credited alongside their picture.

We look forward to seeing your entry!
The Messenger Committee

CLEONE'S RESTAURANT



Our go-to place for great Italian meals is normally Norwich, as the city boasts several excellent Italian eateries. But in August, we wanted to try somewhere new to us. I have been aware of Cleone's restaurant, based in The Angel Hotel in Halesworth, for many years, but never eaten there. So, it was time to give it a try!





Situated on The Thoroughfare, The Angel Hotel is in the very centre of Halesworth and it is only 25 minutes in the car from Gislingham.

This Italian Restaurant is named after the original Maitre D'; was opened in 1995 and set out to offer carefully prepared, authentic Italian dishes, featuring classic dishes from Italy's extremely varied culinary regions. These include pastas, pizzas, meat, fish and vegetarian options using fresh ingredients. Their aim has always been to ensure consistent quality and great value so that customers return time and time again. Special dietary requirements are catered for where possible with notice but many dishes are already gluten free and there are vegetarian and vegan options too. And as everything is made in house, dishes can be adapted to suit all tastes - and often are!

When we arrived at 7.20pm, the Angel (Bar area and Cleone's restaurant) was busy with only a couple of tables not occupied. Fortunately, we had booked a table! I always take a busy restaurant as a good sign of the quality of its food.

The Menu

There were a good variety dishes – a choice of 6 hot and cold options for starters. Then for mains, as well as a choice of 6 pasta dishes and 10 different pizzas, there were also 5 main dishes which included, duck, pan-roasted hake, chicken, rib-eye and risotto. There is also a regularly changing specials blackboard available in the restaurant and these are often themed to regions of Italy, giving customers the opportunity to find out a bit more about the Italian 'Cucina'. Not to mention a gelato menu, for desserts.

The Italian menu changes regularly to make the most of local and seasonal produce, drawing from many of the local suppliers. Cleone's believe in supporting the local economy and buy vegetables and bread from shops in the Town, meat from Bramfield, fresh fish from Lowestoft, eggs from Cratfield and fine foods from Rumburgh, to name but a few.

Food

For starters, I chose the Bruschetta – toasted garlic Focaccia bread topped with fresh roasted red peppers, cherry tomatoes, balsamic red onions and fresh basil. Bruschetta is without doubts one of the most famous Italian food specialties. There are many types of it: they differ from each other for the seasoning. But I always plump for the 'classic' one.





My wife chose the Pane Caldo – warm bread with oil and balsamic vinegar. Lovely warm, fresh bread, accompanied with a vinegar, that certainly packed a punch!

For mains, I opted for Rigatoni Salsiccia Piccante (from the Calabria region of Italy) – spiced salami, chorizo, fennel and tomato sauce tossed with pasta tubes and sprinkled with pinenut pangritala – while my Wife chose the mushroom Risotto – wild mushroom, fresh herbs and parmesan risotto, topped with fresh rocket and truffle oil.

My pasta dish was certainly full of spicy flavour because of the salami, chilli and some hints of fennel. In Italy it would be eaten with rustic bread and a glass of red wine, but we both chose the Paparuda Estate Selection Rose (a rose wine from Rumania, of all places!) It was aromatic, with a combination of fresh citrus and summer fruits.

Cleone's has a choice of 18 different wines, which is a mix of well-known grapes as well as others that were a little less known. Being an Adnams pub, they supply all the wines, as well as the draught and bottled beers. (there's also cocktails, spirits, soft drinks and coffees etc.)



With regards to the beloved classic mushroom risotto. This was creamy, tender Arborio rice with wild porcini mushrooms and the unmistakably rich flavour of real black truffle oil. It had a lovely flavour, but not as creamy as she would have preferred it to be, but nonetheless very tasty!

We put off the temptation of looking at the dessert menu for as long as possible (15 minutes!).

It consisted of a large handful of gelato and sorbet choices, and we couldn't resist indulging in a Salato Caramello. (With two spoons!) When it comes to dessert Cleone's is generous in its portion sizes. The caramel gelato was topped with caramel sauce and whipped cream. Refreshing and indulgent on a warm night!

Price

Our meal came to £51.30.

Summary

The food was very enjoyable and it was great to see a varied menu and a selection of meat dishes on an Italian menu, as well as the usual pizza and pasta dishes.

Cleone's Italian Restaurant, The Angel, The Thoroughfare, Halesworth, Suffolk IP19 8AH
www.angel-halesworth.co.uk/cleones-restaurant

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MELLIS COMMUNITY LITTER PICK



The Mellis Community Litter Pick was held on Saturday 7th October, meeting at the Mellis Memorial Hall to don hi-vis and arm ourselves with grabbers and bin bags.

Setting off just after 11am, we headed off mainly in pairs along Earlsford Road, Rectory Road, Mellis Road both towards Wortham and Yaxley and Thrandeston Road. After 1 ½ hours we had collected 7 bags of rubbish with our haul consisting of beer cans, bottles, discarded poo bags (and yes these had been filled!), crisp bags and other on-the-go food wrapping, polystyrene, paper to name but some.

We now have less rubbish in our village so there are fewer injury risks to our local wildlife, our children that play outside (yes there are still some of these!), it looks much nicer having clear verges and paths and in true community spirit some fabulous people turned up to help.

We will always welcome more volunteers so that we can cover more areas, but huge thanks to Alan and Sharon Cross, John and Jenny Farley, John Smith and Lawrie Read.

Lorraine Farley

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IN THE GARDEN



October started off unusually warm for the time of year, causing many plants that have usually started to die back in the garden to still look good. As a result, the usual jobs that we would be doing currently are being delayed a little to take advantage of the garden still looking green and lush. The helianthus and Asters are looking great in the border, with Chrysanthemums about to burst into flower, so we hope that there will still be plenty of colour to enjoy as the rain sets in through till the end of the month.

We have had our apples and pears pressed and are now selling our juice at the walled garden in the Apple store shop as well as in the café. In addition, we plan to have a stall at Eye Christmas Market on the evening of Friday 1st December and of course our Christmas Fayre on Sunday 3rd (12-3pm).

We have started to tidy some of the beds in the garden for winter, a little pruning of shrubs as well as untidy plants, small steps will make our main prune through a little easier before we get to start mulching ahead of frosts, this year we hope to use lots of leaves alongside the woodchip that we are kindly donated.

Luke one of our gardeners gives his account of what he has been up to in the last week or two in the garden: "I have been pruning the spiky plant with orange berries on it (Pyracantha) it's very spiky so you have to be very careful when doing this, wear gloves when doing this and protective clothing.

We are getting the garden ready for winter, pruning the apple trees and the roses will be done soon as well as the pears and border when the leaves start to fall.

Also, we need to bring in plants that don't like the frost and cold weather before it gets cold and wet."



THE VILLAGE SOCIAL

POP-UP BAR
GISLINGHAM VILLAGE HALL
FRI 3RD NOVEMBER
5PM - 10PM

A BIG THANK YOU TO EVERYONE THAT CAME ALONG TO OUR FIRST EVENT. WE WERE BLOWN AWAY BY YOUR SUPPORT! WE'VE READ ALL OF YOUR VALUALE FEEDBACK, ORDERED MORE WINE AND WE'LL BE BACK THE FIRST FRIDAY IN NOVEMBER WITH A FOOD TRUCK. WE HOPE TO SEE YOU THERE!

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NEWS FROM GISLINGHAM VILLAGE HALL

Pub Night on Friday 6th October 2023



There was a fantastic and unexpected attendance on the night, which at its height exceeded 100 people. There was a good selection of products available at the bar, but we appreciate demand exceeded supply in some areas. The event was a learning curve for both the Village Hall Committee and the Village Social Bar.

The Village Social Bar have apologised for the long waiting time to be served. They hope to rectify this next time. Part of the Village Social Bar's plans for future events at the hall will be the provision of food.



Thanks to everyone who completed the Bar Survey form on the night. The Village Hall Committee will be looking at your suggestions.

The next Pub Night will take place on Friday 3rd November 2023.

We would like to point out that under the terms of our licence, only drinks purchased at the bar can be consumed on the premises.

FUTURE EVENTS:

Friday 3rd November: Pub Night
Doors open at 5.00 pm. Last Orders 9.45 pm. We would like to point out that under the terms of our licence, only drinks purchased at the bar can be consumed on the premises

Saturday 25th November: Jane Hoggar
Jane is an ex-Bluebell Girl and will entertain us with tales, songs and dance from her time with them. £6 per ticket which are available from Janet Theobald on 01379 783233. Bring your own nibbles, drinks and glasses. Doors open at 7.00 pm.

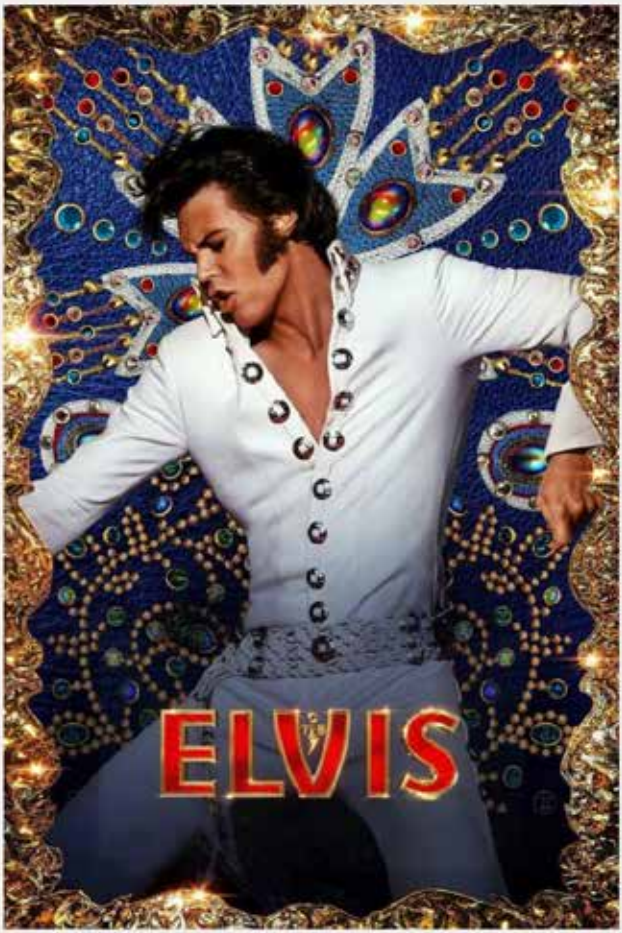
Saturday 16th December: Christmas Quiz Night
£10.00 per ticket. Doors open at 7.00 pm. Bring your own drinks and glasses. Tickets available from: Terry Williams 01379 783903 or gislinghamvillagehall@gmail.com

Saturday 27th January 2024: Teenage Cancer Trust Quiz Night
Saturday 17th February 2024: Jumble Sale
Saturday 16th March 2024: Quiz Night
Saturday 27th April 2024: Mystery Event
Saturday 18th May 2024: Quiz Night
Saturday 15th June 2024: Gisfest

Follow us at www.facebook.com/GislinghamVillageHall/ PLEASE SUPPORT YOUR VILLAGE HALL

The Hall is available for hire at a cost of £10 per hour, which includes tables, chairs, lighting, heating, water etc. There are also village hall assets available for hire at an additional cost. These include, a sound system and a large screen television. Additionally, there are tables and chairs and a marquee which can be used outside of the hall.

Thornhams Film Night
Friday, 17th November 7:30pm



Thornhams Village Hall
Tickets £5 pay at the door
Licensed Bar - Ice Creams -
Bookings films@thornhams.org

NEWS FROM THORNHAM PARISH HALL



We had a very successful Autumn fair on Sunday 15th October, opened by our special guest Bridget McIntyre. We had on offer a wide variety of paintings, artwork, knitwear, woodwork, candles, gifts, cakes and much more from our very talented stallholders. Our own 'Made in Thornham' stall was very popular with a raffled homemade Prinzregententorte!



It was lovely to have a stall from The Forge too. The event was attended by a large number, many of whom came from outside the village.

We are grateful to all who attended and contributed and to those who worked hard to make it happen. A significant sum was raised towards the renovation of our lovely village hall. Thank you!





FUTURE EVENTS:

Friday 17th November: Thornham Film Night – 'Elvis'
7.30pm: Bookings at films@thornhams.org

Saturday 27th January 2024: Jumble Sale
12.00 – 3.00pm: 50p admission

REGULAR WEEKLY EVENTS:

- Wednesdays 9.30am: Pilates gentle no floorwork
- Thursdays 9.30am to 12.00 noon: Chat and Play – Babies, Parents and Carers group

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MENDLESHAM SCOUTS LIGHTWEIGHT HIKE WINNERS

Scouts
1st Mendlesham

Stowmarket District Lightweight Hike Competition

This is an annual competition held on the 7th /8th October. The start point was Otley Scout HQ and there were 13 teams representing six Troops from the District. The Scouts hiked 12.4 kms to Debenham Sports Centre on day one. Day 2 they hiked 11.6 km for a circular hike back to Debenham Sports Centre. They camped at the Sports Centre. During their stay, they cooked an evening meal on Trangias (portable stoves), pitched their tents. In the morning they cooked breakfast and packed their tents away.

Preparation for this competition

Over a couple of weeks on Troop nights, the Scouts were given the checkpoints and grid references. They then had to plot their route on OS Explorer maps, calculate the distance, times and compass bearings between checkpoints and then allocate arrival times at the checkpoints and the destinations. The Scouts had to carry all their kit in rucksacks. Clothing, tents, food, cooking equipment, sleeping bags and mats.

Results

Each team were allocated points for their route cards, timings, bag packing, meals, tent and site cleanliness, teamwork and attitude.

This was their 3rd attempt with the same members, that is why they called themselves '3rd Time Lucky' and so they were, by winning the competition. They will be presented with the shield in the next few weeks.

We also had an Assisted Team (2 adults walked with them, but the Scouts had to do all the work themselves) of 4 new Scouts, one having moved up from Cubs just a few weeks ago. They did the same preparation with a bit more help from the Leaders. They also only carried their personal kit. I am pleased to say, they finished joint 7th, so an amazing achievement for a group of young Scouts who have never experienced this before.

The Troop Leaders and parents are very proud of all the Scouts, they did an amazing job and not complaining. They certainly had a good night's sleep on Sunday! Not all teams finished the hikes, so this shows the commitment our young members had. Well done Mendlesham Scouts!

Martyn Bryant,
Group Scout Leader
01379 788998 /
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The winning team: Reilly, Rorey + Gislingham residents Brennan & Thomas.

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LETTERS TO THE EDITOR



Dear Editor,

I was disappointed to read in the October issue of the Messenger that the Gislingham Parish Council is requesting all dogs to be kept on leads on the Charity Meadow. The reasons given were to protect wildlife and to avoid confrontation with irresponsible dog owners. I believe the proposal to be too heavy-handed and unfair to the great majority of responsible dog owners and I would like to make an alternative suggestion.

First, I think that the protection of wildlife is somewhat spurious. The great majority of wildlife would not select the Charity Meadow as the most suitable environment as a habitat. There are too many people, children – and dogs. We are fortunate to be surrounded by beautiful countryside which is far more appealing to wildlife than a field in the middle of a bustling village.

Secondly, I do sympathise with people who come across irresponsible dog owners who cannot control their dogs and seem oblivious to the needs of others. However, requesting all dogs on the whole Charity Meadow to be on leads unfairly penalises the great majority of dog owners, and their dogs who enjoy the ability to run freely. As an alternative, perhaps part of the Charity Meadow could be designated for dogs on leads (e.g., closely mown area and near the play equipment), whilst the remainder could more open for dogs to have the freedom to be off a lead. This would enable the Charity Meadow to continue to be enjoyed by all members of the community – including the 4-legged ones. I hope the Parish Council will reconsider their decision.

Name and address supplied

Dear Editor,

I was interested in the article in the Council Notes of the latest issue of The Messenger, although I am not a dog owner.

I do agree that dogs should not be allowed to attack wild life, or anything else for that matter, but surely it is only natural, and their instinct to chase anything that runs away from them. Putting dogs on lead AT ALL TIMES will curtail this, but where can a dog run free if not during its daily 'walk'? "Running loose" on an extended lead just isn't the same as running free.

There are some owners in the village that own greyhounds, dogs that are born and bred to run, and it must be a boring life for them if they are not allowed to do it and have to walk everywhere.

I think this is a rather draconian action!

Jeff Deacon, Broadfields Close, Gislingham

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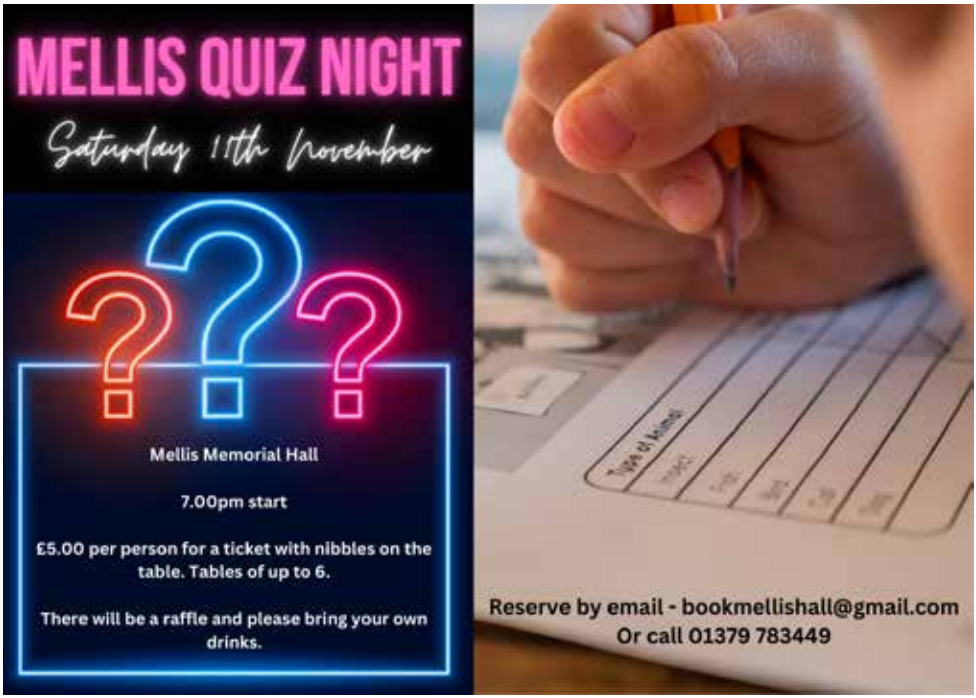
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GISLINGHAM JUNIOR ROAD SAFETY OFFICERS (JRSO) UPDATE

Dear Messenger readers,



We (Reuben, Noah, Charlotte, Harriet and Summer) would love to introduce ourselves as the new Gislingham Junior Road Safety Officers (JRSOs). Our role is to encourage safe and responsible driving, to raise awareness about road safety and to make the roads in our village a safer, healthier and happier place to be. We will be very busy organising lots of activities including assemblies, competitions, traffic observations and Speedwatch.

We completed our first Speedwatch on 9th October with the brilliant Gislingham Speedwatch team. It was good to see lots of cars driving safely. We recorded one car speeding. As children, we feel it is really important that we are involved to help educate people and change behaviour. We are also working with the police and council to support extending the 30-mile speed limit on Gislingham Road.

We have just launched an exciting competition to design a - shirt for our JRSO road safety bear and also to give it a name! We will share our winners so watch this space... Thank you for all your support. If you have any questions, or suggestions please do not hesitate to contact us at Gislingham school.

Reuben, Noah, Charlotte, Harriet and Summer (JRSOs)



NATURE NOTES by Darrel Charles



Hello everyone, welcome back to Nature Notes!

I heard on the radio the other day that because of the kind of weather we've had over the past few months we can expect a very colourful autumn this year. The colours appear because of chemical changes in the leaves of trees and shrubs that are brought about by the shorter hours of daylight and cooler night time temperatures. The result is that the leaves of deciduous trees turn from green to all shades from yellow to crimson before falling. What often goes against this spectacle is that winds become stronger in autumn, sometimes blowing away the colourful leaves before we've had a chance to enjoy them! So far this year, the warm "Indian Summer" has meant that as I write in mid-October, the leaves haven't yet really started to change colour. Nevertheless, I recently set off for a walk around Wortham Ling in search of aspects of autumn. Whilst most of the tree's leaves were still green there were other signs including berries and toadstools, alongside some rather nice flowers, as shown opposite. Can you name them? (Answers below).

Some fellow villagers have asked me where all the Starlings have gone? I've noticed this too. A few weeks ago my garden was inundated by Starlings - perhaps unsurprising as there were at least two nests nearby. They would arrive at my feeders in large groups and, rather like a plague of locusts, quickly devour everything on offer! Now, there's not a single Starling to be seen. When it comes to finding a meal, Starlings are bold birds. I visited Felixstowe recently to see the Waverley paddle steamer on route from Ipswich to London and, whilst waiting for the ship to appear, took the opportunity to grab a snack at the Viewpoint cafe. Looking across to the outside tables, I saw three Starlings having a good go at a girl's breakfast as she had gone to get some ketchup or whatever! Anyway, the consensus is that the bird's disappearance from our gardens is nothing sinister but simply reflects the fact that there is plenty of food for them in the fields surrounding our villages. I have heard that there are great numbers of the birds at Lopham Fen so if you're missing them maybe that's the place to go. If you visit at dusk and you're lucky you may even see a murmuration!



Soon, it will be time to keep a lookout for Hedgehogs in our gardens as they prepare to hibernate for winter. Hedgehogs like to hibernate under piles of leaves so why not help them along? Nothing elaborate is needed, just a pile of leaves against a wall or fence, kept in place by an old plank.



From top left: Rose Hips; Harebell; Silver Birch; Hawthorne; Gorse; Scarlet Pimpernel; Ragwort; (centre) Fly Agaric

Until next time, happy wildlife watching!

See these and other photos at my Flickr site: flickr.com/photos/darrelphoto/

See Tony Clarke's monthly list of local bird sightings at The Messenger on Facebook.

GISLINGHAM UNITED CHARITY

The Gislingham United Charity continues to welcome applications from residents of Gislingham who find themselves in hardship or need.

The Charity will also consider requests for support for residents of all ages for educational purposes, whether at school, in further or higher education, or in vocational training.

The remaining meeting of the year will be on: 17th November.

The Trustees will consider all applications received up to 48 hours before each meeting.

Gislingham United Charity is a registered charity, No. 208340, and is run by volunteers.

All applications should be made to the Clerk to the Trustees at:

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Alan Harding, Chair of GUC

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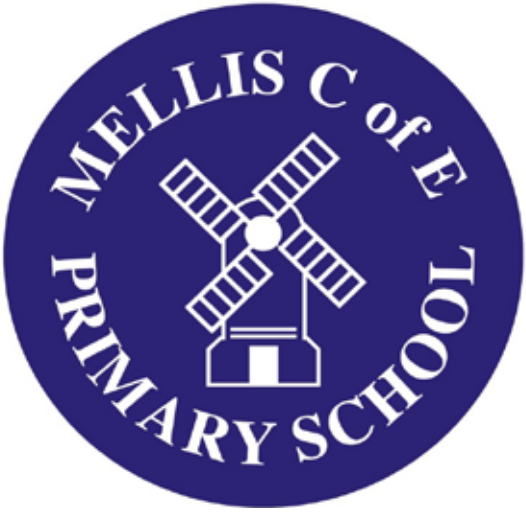




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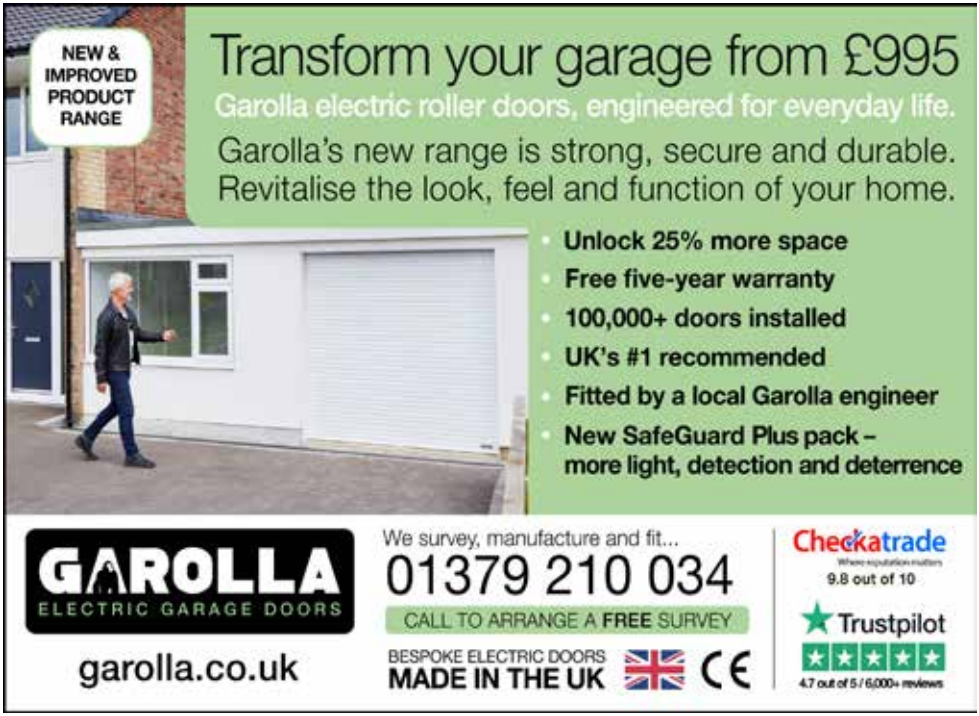
Community Governor

Gislingham CE Primary School is seeking a Community Governor to join our School Governance Committee.

The governors work with Mr Richard Benstock the Headteacher to set the vision, ethos, and strategic direction of the school. They support and at the same time challenge the headteacher to ensure that the highest standard of education is delivered to the pupils and the funding the school receives is spent in the most effective way. They work to ensure the school achieves its vision of providing a safe, inclusive, challenging and stimulating learning environment where everyone is valued, and children thrive.

We have two meetings per term but visit the school for monitoring areas such as safeguarding, the curriculum, health and safety. We welcome people from all backgrounds and experience.

If you feel you could spare some time and help us support and develop our school community further, please contact Mr Richard Benstock on 01379 783283 or gislingham@tilian.org



TRIED & TESTED RECIPES by Debbie



FETA-STUFFED LAMB MEATBALLS

This Mediterranean dish was enjoyed by the whole family. These meatballs are really easy to make ahead – simply roll and place on a lined tray in the fridge the day before. I served with long grain rice instead of pasta. However, I think the meat balls were rather large following the recipe and therefore they could be made smaller.

Ingredients: serves 4

- 600g lamb mince
- 210g cooked quinoa
- 1 egg
- 2 tsp finely grated lemon zest
- 16g chopped dill leaves
- 18g chopped mint leaves
- Sea salt and cracked black pepper
- 120g firm feta, cut into 8 cubes
- 2 tbsp extra virgin olive oil
- 2 x 400g cans cherry tomatoes
- 125ml good-quality beef stock
- 6 sprigs oregano, plus extra to serve
- Pasta, or rice to serve





Method:

- Place the mince, quinoa, egg, lemon zest, dill, mint, salt and pepper in a bowl and mix to combine
- Divide the mixture into 8 flat patties. Place a piece of feta in the centre of each and fold the edges over to close. Roll into rounds.
- Heat a large frying pan over medium-high heat.
- Add the oil and cook the meatballs for 6-8 minutes or until well browned, turning frequently.
- Add the tomatoes, stock and oregano and reduce the heat to simmer. Cook for 10-12 minutes or until the sauce has thickened slightly and the meatballs are cooked through.
- Divide between bowls and top with extra oregano.
- Serve with pasta o*r rice and vegetables*



Recipe taken from: 'You Magazine'

CIRCULAR WALK: COVEHITHE VIA BENACRE

OS Explorer map 211.
Distance: a) 11.25 kms / 7 miles or b) 7.2 kms / 4.5 miles

Please note that this walk may not be available in the future. It involves walking along the cliff edge which over time will fall onto the beach, so caution needs to be taken, so please experience this amazing journey before it is too late.

You will need to travel to Covehithe which is best located via the A12 turning right off at Wrentham, the journey time just over an hour.

As you approach Covehithe, it states that no vehicles past this sign, but to park outside the church, you will need to do this. There are only two parking spaces, but not often used. There are some other parking spaces just before you arrive in Covehithe in a lay-by.

From the church, walk from the church towards a metal gate. You will see a 'Danger Sign' on the gate, but continue along the road, which quickly turns into a narrow path with hedges either side. We walked this back in 2020 and sand martins were flying along this road, but it has now been reduced to undergrowth, so unfortunately this specular is no longer seen.

As you reach the end of the path it will drop deeply onto the beach, so you will need to take the opening just beforehand to the left. Continue along the cliff edge until you reach a sign 'Benacre Nature Reserve'. The path splits so you can take either route and it will drop down to the beach (right).



You will see some wooden seats where you can have a break. To the left there is a short track to a fairly new bird hide (below left). Take the opportunity of looking across the broad at the wildlife. (Take some binoculars if you have them).

Continue your walk along the beach with the broad to your left. You will see various fallen and sea washed trees on the beach, some of which are very photogenic (below right).





As you arrive at the end of the broad, take the footpath that rises up from the beach. The path opens up onto a field with the cliff to your right. Continue along this path and at the corner of the field, there is a small opening which takes you through some gorse and brambles. Check out the WW2 Pillbox that has fallen into the sea.

You will reach a concrete road which quickly turns into a narrow path, so take this path inland. You will see on your right Beach Farm, with a lovely thatched barn. Go through the kissing gate or the metal gates may be open. Continue along this track until you reach the road.

Here you have a choice. A) continue along the road to St Michaels Church, Benacre or B) turn left on the road to continue your journey.



A) Continue your walk along the road towards the church. St Michaels is now privately owned by St John Gooch. Unfortunately, it is not open to the public. Investigating the churchyard, it will be apparent, that the Sherlock Gooch family has several of the gravestones or monuments which are designated to this family (left). One of which is two generations of Sir Edward Sherlock Gooch. Most of the church is 13c and the Gooch family have been involved in the restoration of the church over the years due to a fire and then other improvements.

To venture a bit further, take the footpath opposite the church. Just before a kissing gate, there is a gap in the trees so view the Victorian water tower which was built in 1902. It is now derelict.

If you want to take a closer look at the water tower, continue along the path. At the end of the path, turn right and walk across the field towards the water tower. You cannot go inside, but check out this website for some internal photos:
https://www.28dayslater.co.uk/threads/benacre-water-tower-suffolk-august-2020.128023/

B) You will need to return to the farm gates to continue your walk. Continue along this road and pass Hall Farm and when the road bends right, turn left onto the byway. Stay on this byway and continue into woodland of Holly Grove. Pass through the gate and turn left and walk back towards the church at Covehithe.

St Andrews Church (right) has a War Grave, the history was once a glorious medieval church, St Andrew's now lies in picturesque ruin by the sea, with only the lofty fourteenth-century tower (preserved as a sea mark) and a curtain of original walling surviving. A smaller thatched-roof church, built in 1672 when the inhabitants were given permission to dismantle the older church and still is in use, nestles inside the ruins. One hopes that the rapidly encroaching sea will leave this lovely place to be enjoyed for a few more decades.



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All at Sea! by Darrel Charles



From time to time, our region is visited by historic vehicles, be they cars, traction engines or steam trains. In late September / early October, it was the turn of an historic ship - the Waverley, the last passenger carrying paddle steamer in the world.



The Waverley dwarfed by container ships at Felixstowe

Three departures were made from Suffolk, two from Ipswich and one from Southwold, each to London. From Ipswich, she made her way along the river Orwell, passing under the Orwell road bridge before steaming past the container port at Felixstowe, Harwich and then entering the open sea. She then continued on her way to London, passing under Tower Bridge after some 10 hrs sailing.

At Southwold, the ship spent the night at anchor off the pier before docking in the morning to take on passengers for another sell-out trip to London.

The Waverley was built on the Clyde in 1946 and operated in Scottish waters for many years. After being withdrawn from regular



Steaming majestically past Harwich



The Waverley prepares to depart Southwold pier

service, she was acquired by the Paddle Steamer Preservation Society in 1973 and underwent substantial restoration works in 2000 by George Prior Engineering Ltd at Great Yarmouth. Those works took some 7 months, since when she has served making passenger summer excursions from ports around the UK. The Waverley over-winters back on the Clyde - here's hoping she returns next year!

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TERRAPIN NEWS



Following Mid Suffolk Cabinet's decision last week, the engagement around the future of our districts on the draft Corporate Plan went live Wednesday 11th November

Babergh and Mid Suffolk are using the services of New Local, an independent think tank and network of over 70 councils coming together with the common purpose of creating sustainable and community-led public services.

The Corporate Plan is produced by the Council to give focus and direction to the work of the council officers over the next eight years, in the past it has been created by the cabinet, and presented to full council before the budget, this year a different approach is being made, a draft Corporate Plan has been developed and is now being put out for consultation to the district. There will be two workshops specifically for your Parish councils and Meetings to work through the draft priorities. The aim is to empower and listen to as many voices as possible. New Local will manage the consultation, community, voluntary, social enterprise and faith groups will be contacted directly but the survey is open to all, using the following link: https://baberghandmidsuffolk.citizenlab.co

The survey in this part of Mid Suffolk is online, this is because of the pressure of time. The full Corporate Plan must be ready by January's Council Meeting and, after adoption, will inform the preparation of the Council's Budget for 24/25 due to be presented in February 2024.

The priorities are under two headings:

Social responsibility

Increase the availability of truly affordable homes, improving peoples' physical and mental wellbeing with deeper, more meaningful community engagement. Harness our district's fantastic heritage and culture, improve rural transport, support small rural businesses, and build pride in our places.

Environmental responsibility

Progress the council's plan to reach net zero carbon emissions by 2030, playing a leading role in helping residents, communities and businesses to achieve this.

Curious how these ambitious aims are broken down into achievable objectives? Follow the link.

The emerging corporate plan will be informed by the Mid Suffolk State of the District Report 2023 that was presented to the Council for adoption in September and will be published on the Council's new website in October. The State of the District Report is designed to provide stakeholders – both within the Council and externally - with an overview of the Mid Suffolk district, using data and insight around the themes of environment, economy, health and wellbeing, community and housing, as well as general demographic information. It forms part of the evidence-base underpinning the corporate plan refresh.

At the end of the consultation period, we hope to have a better understanding of resident perspectives and about their priorities and what is already happening in communities to support those priorities. As part of an ambition to promote active citizenship we hope to have built relationships with and gained an understanding of the challenges faced by seldom heard sections of our community and the groups that support them.

Cllr. Rowland Warboys: Chair, Mid Suffolk District Council 2023/24

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Gislingham C of E Primary School
Broadfields Road, Gislingham, Suffolk, IP23 8HX
Email: gislingham@tilian.org.uk Tel: 01379 783283
Head Teacher: Mr Richard Benstock MA
www.gislingham.suffolk.gov.uk

'Belong, Believe, Become'

Gislingham CE Primary School

Have you a child who is due to start school in September 2024?

We would like to offer you the opportunity to come and meet our fantastic pupils and see the challenging and exciting learning experiences we offer. We also have a breakfast club and an after school club, 5 days per week!

We are holding Open Afternoons on

Monday 20th November and

Monday 27th November 2023

from 1.00pm – 3.00pm

You will be given a tour by some current pupils; there will be an opportunity to visit our Reception Class, and meet the Class Teachers and Head Teacher

Visits are on a drop in basis – no booking necessary.

Please call the School Office on 01379 783283 for further information.



Please visit our website www.gislingham.suffolk.sch.uk

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or message via Facebook



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Call us to discuss your pests on 07809226109.

www.safeandsoundhygieneandpestcontrol.co.uk

GISLINGHAM PLAYGROUP NEWS

We have started the new school year, welcoming 12 new children and their families to the playgroup. This term we have been exploring autumn and seasonal changes. We have enjoyed walks around the village foraging for conkers,acorns and looking at the changing colours of leaves.

We had a lovely time when some residents from Hartismere Place care home and their carers came to see us, bringing some gorgeous puppies for the children to see. The school Reception children joined in. While they were here, they listened to the story 'We're Going on a Bear Hunt' and helped the children to fill in a bear collage.

Next term we'll be making a bonfire, and doing Remembrance Day and Children in Need activities/crafts as well as starting our christmas performance and activities.







GISLINGHAM PLAYGROUP



We provide a safe, warm, friendly and caring setting for children aged 2-5 years, in a brand new purpose built building on the same site as Gislingham CEVCP School, with whom we work closely to provide an excellent education.

Breakfast Club 8.00am - 8.45am

Morning 8.45am to 11.45am

Lunch Club 11.45am to 12.45pm

Afternoon 12.45pm to 3.45pm

"Children arrive with a 'spring in their step' and are welcomed by friendly staff. They immediately join in with their friends and explore a well resourced and fun environment." Ofsted, May 2022.

Please visit our website www.gislinghamplaygroup.com
or phone us on 01379 788934

JDK ENGINEERING

Garden care servicing & sales

Servicing cost

- Walk behind mower £90
- Small ride on mower £204
- Larger ride on mower £300
- Chainsaws, Strimmers, Brushcutters & hedgetrimmers £60

Any repairs or blades will be charged separately

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Email - Jdkagriengineering@gmail.com

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Terry Wallis

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Home: 01379 788 276
In and around Suffolk
Call or text for free quote

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TIP OFF, RIP OFF!



Facebook Marketplace is a great place to buy and sell goods and services, however, unfortunately the platform is also seen as a hunting ground for scammers. Scammers are there selling non-existent, fake and dangerous goods, but there are also there to try and prey on those selling products.

If you are selling on Facebook Marketplace, look out for these red flags:

- Refusing to meet up in person
- Moving conversations outside of Facebook Messenger
- Asking for items to be shipped before payment is received
- Buyers providing a prepaid shipping label
- Buyers overpaying then asking for a refund of the difference
- No profile picture
- Requests for your phone number or other personal information.

Payment scammers pose as buyers who ask to purchase an item and claim to have sent a payment. They may send a counterfeit cheque, use a fraudulent payment method, or claim to have overpaid and request a refund for the excess amount.

Payment scammers might also exploit sellers by using payment methods that can be easily cancelled after an item has been posted or delivered.

Even in person the scammer will try to exploit a payment via a banking app buy showing the transaction on their own mobile device. Always wait for the payment to have cleared before allowing the buyer to leave with the item.

Here's a quick summary of ways to stay safe when selling on Facebook Marketplace:

- Deal with local buyers whenever possible.
- Avoid sharing personal information unless absolutely necessary.
- Use secure payment methods like PayPal or cash-on-delivery.
- Check comments under listings for warnings from other users.

Finally, please report suspicious buyers to Facebook.



THE MESSENGER CONNECTION QUIZ

There are 10 questions. Each answer to the first 9 questions form a connection of some kind. Question 10; What is the connection?

1. What was destroyed by fire in Hong Kong harbour in 1972, during major restorations?
2. American Singer / Songwriter of 'Sweet Caroline'
3. A gardening tool primarily used for digging, consisting of a long wooden handle and metal blade.
4. Whose daughters were called Regan, Goneril and Cordelia?
5. What is the name of the British comedy actor famed for his roles as Owen in the Vicar of Dibley and Colin Ball in Only Fools and Horses
6. Sam Neill played the title role in which 1983 TV drama series?
7. 1966 England World Cup Winner, played for Leeds United and went on to manage the Republic of Ireland.
8. Jack Nicholson played which psychotic villain, in the 1989 Batman movie?
9. Which 1963 R&B song, written by duo Bob and Earl, has been covered by Booker T and the MGs and, in 1986, the Rolling Stones?
10. What is the connection?

Answers appear on page 55.

SUDOKU CHALLENGE

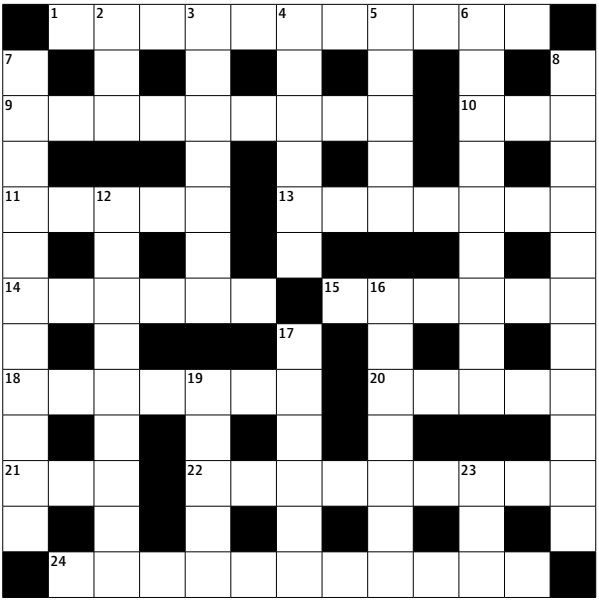
			4	7				
6		8						
			6			8	7	1
2		6	5				1	4
5								2
4	1				7	9		5
9	4	1			2			
						2		8
				6	5			

Each 3 x 3 box, each row and each column must contain all the numbers 1 to 9

Last issue solution

8	1	6	2	4	5	7	3	9
5	7	9	8	3	6	2	4	1
3	2	4	1	9	7	6	8	5
4	8	3	9	5	2	1	7	6
7	6	2	3	1	8	9	5	4
9	5	1	6	7	4	3	2	8
2	4	5	7	6	9	8	1	3
6	3	8	5	2	1	4	9	7
1	9	7	4	8	3	5	6	2

CROSSWORD CHALLENGE



Across

1 Hugely successful film (11)
9 Respond more emotionally than is justified (9)
10 Standard score for a round of golf (3)
11 Flamboyance (5)
13 Admit (7)
14 Never again (2,4)
15 Landowner (6)
18 Sicilian dessert wine (7)
20 Unachievable perfection? (5)
21 Bro's sibling (3)
22 Mutually beneficial (9)
24 Two Hollywood film stars from 1940 (3,3,5)

Down

2 Last overall commander of the American Confederate States army (3)
3 Custodian of eg a museum collection (7)
4 Division coming from the main stem (6)
5 Devil (5)
6 Obscenity (to be deleted?) (9)
7 Nigella — neo-vitalism (anag) (4-2-1-4)
8 Brick made of cinders, sand and cement (6,5)
12 Light sparkling Italian red wine (9)
16 Bitter alkaloid used in tonic water (7)
17 Stuck (6)
19 Perplexed (like 23?) (2,3)
23 Seaman (3)

Last issue solution

B	U	M	F	■	E	C	L	E	C	T	I	C
A	■	I	■	M	■	A	■	M	■	E	■	O
C	A	N	V	A	S	S	■	B	A	R	G	E
K	■	I	■	R	■	H	■	E	■	R	■	D
L	I	M	I	T	■	D	O	R	S	A	L	■
A	■	■	■	H	■	I	■	■	■	I	■	T
S	E	L	F	A	S	S	U	R	A	N	C	E
H	■	I	■	■	■	P	■	U	■	■	■	R
■	S	T	O	D	G	E	■	S	H	E	E	R
S	■	E	■	E	■	N	■	T	■	N	■	A
K	O	R	D	A	■	S	P	L	I	T	U	P
I	■	A	■	T	■	E	■	E	■	R	■	I
P	I	L	C	H	A	R	D	■	L	Y	O	N

OLD PHOTOS AND HISTORICAL INFORMATION REQUIRED

We are looking to resurrect our "Down Memory Lane" feature in the new year, and publish old photos of historical properties and buildings etc., within Gislingham, Mellis and the Thornhams.

If you live in a house with an interesting historical background, have some old photos to share and can add some historical background (preferably), please email to:

themessengereditorial@gmail.com

Alternatively, post on the 'Gislingham History Hub' Facebook page.

Thank you.



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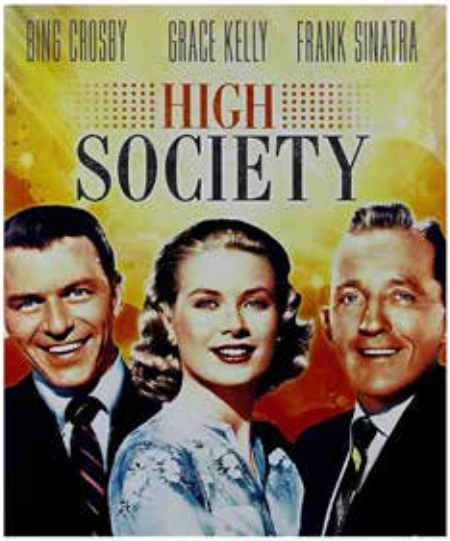
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CINEMA at EYE

Classic Movie with a Meal
Friday 24 November, 7.30pm
Eye Community Centre
With meal: £12.50 all ages payable IN ADVANCE from The Handyman, without meal £5.
www.cinema-at-eye.org.uk

NOTICES

SEPTEMBER 26TH COFFEE MORNING FOR CROHN'S AND COLITIS UK

Many thanks to all who supported this event. We have been able to send £125 to the charity.

Jane Walker and Ann Cottee

DAY OF THE DEAD AT THORNHAM WALKS VISITOR CENTRE

Thursday 2nd November: 6.00pm – 7.00pm
Join Beth Soule and Friends for some spooky tales. Bring a story or poem if you want to share.
e: thewalks@thornhamestate.com t: 01379 831242

1ST MENDLESHAM SCOUTS – CHRISTMAS COFFEE MORNING

Saturday 9th December: 10.00 – 12.00 at Mendlesham Community Centre
All proceeds towards Mendlesham Scout Hut project.

WALSHAM ART GROUP EXHIBITION

Saturday 25th, Sunday 26th and Monday 27th November: 10.00am – 6.00pm
The Priory Rooms, Walsham le Willows. Paintings, Sculptures, Pottery, Textiles and Jewellery.



THORNHAM PARISH HALL JUMBLE SALE: 27TH JANUARY 2024

In preparation for this event, ALL DONATIONS GRATEFULLY RECEIVED.
Also, VOLUNTEER HELPERS REQUIRED – PLEASE CALL IF YOU CAN ASSIST
(All proceeds will go towards refurbishment of the village hall)
Call Jude Farrell Tel: 07483 234290 for collections or donations.

FOR SALE, WANTED and FREE TO A GOOD HOME

Your items advertised here without charge

Folding Childs High Chair for Sale (Pink) – Brand new, never used. Will accept £30. (Cost £60 new) Phone Pauline on 01379 783771 (based in High Street, Gislingham)

Answers to the Connection Quiz on page 52.

1. RMS QUEEN Elizabeth, 2. Neil DIAMOND, 3. SPADE, 4. KING Leah, 5. Roger Lloyd PACK, 6. Reilly, ACE of spies, 7. JACK Charlton, 8. The JOKER, 9. Harlem SHUFFLE, 10. The connection is: Playing Cards

SOUTH HARTISMERE BENEFICE

REMEMBRANCE



We are now entering a month filled with remembrance, starting with All Saints Day on the 1st of November, All Souls Day on the 2nd, Remember, Remember the 5th of November (Bonfire Night) then Remembrance Day on the 11th followed by Remembrance Sunday on the 12th.

A time to think about and reflect on all those special people that are no longer with us. Reflecting on the times we have had with those people is often painful and sad, as that person is not with us anymore, but we do get comfort from our memories of them. All the happy times we spent, the funny things they said or did, things they taught us, special days together, the light they brought into our lives. We especially remember those who lost their lives or have been injured in war. To have a moment of time to be thankful to them, to think about the families that have been left behind to grieve. To light a candle in their memory.

November is a hard month, the trees and gardens are becoming bare as leaves, berries and seeds fall to the ground. The winds get stronger and colder, the frosts come and start killing off plants in the garden. Summer warmth becomes a memory and Spring is a long way off. Birds have flown south for the winter and animals are hibernating. The clocks have just gone back, the days get shorter and shorter as the month goes on. We should also take this as our chance to think about resting at the end of the day, to relax, to reflect, to recuperate. To be still.

Psalm 46 v10 says "Be still and know that I am God."

Being still is one of the hardest things for us to do. Even if we sit down, we are still going through the long list of things we need to do, or haven't done. We just need to give ourselves permission to be still to let go of anything unnecessary - easier said than done, I know.

There are Acts of Remembrance at many of the Churches in the Benefice on the 12th of November.

Emma Morris
Schools and Families Minister

From the Parishes:
Welcome to: William Blake baptised at Gislingham
Congratulations to:
- Henry Ellis and Megan Cogman
- Steven Benns and Dawn LeGros on their marriages at Thorndon
- Frederick Vaudrey and Rebecca Hatwell on their marriage at Thornham Magna

In Loving memory of: Beatrice Farrow (Wetheringsett); Nicholas Barron (Mellis); Janice Barker (Gislingham); Norah Cracknell (Wetheringsett); Audrey Ward (Thwaite) and David Attwood (Thorndon)

Saturday 4th November	Wetheringsett	10.30am-12 noon	CONNECT
WEEK 1 **Sunday 5th November** *4th Sunday before Advent*	Gislingham Thorndon	10.30am 10.30am	Worship for All Holy Communion
Saturday 11th November	Stoke Ash	10.45am	Act of Remembrance
WEEK 2 **Sunday 12th November** *3rd Sunday before Advent* ***Remembrance Sunday***	Wetheringsett	10.00am	Worship for All followed by Act of Remembrance in church and village war memorial
	Yaxley	10.30am	Worship for All and Act of Remembrance
	Gislingham	10.50am	Act of Remembrance
	Mellis	10.50am	Act of Remembrance
	Thorndon	10.50am	Act of Remembrance
	Thornham Magna	10.50am	Act of Remembrance followed by Holy Communion
WEEK 3 **Sunday 19th November** *2nd Sunday before Advent*	Thornham Parva Thorndon	10.30am 4.00pm	Holy Communion CONNECT
WEEK 4 **Sunday 26th November** *Sunday next before Advent*	Thornham Magna Wetheringsett	10.30am 10.30am	Worship for All Holy Communion

Telephone Church BCP Holy Communion is on Thursdays at 11.00am



Reverend Canon Susan Loxton
Rural Dean of the Hartismere & Hoxne Deanery
revloxton@gmail.com ✆ 01379 388 493

Reverend Debbie Nicholls
Curate
rev.d.nicholls@gmail.com 01379 678 753

Find us on Facebook:
South Hartismere Churches

LOCAL INFORMATION

Gislingham Bus Timetable

Dan's Coaches (www.danscoachtravel.co.uk):

Route 457 to Stowmarket (Thursdays only – Market Day):

Leaves Gislingham shop 09:15 / Arrives Stowmarket (Argos) 10:18

Return leaves Stowmarket (Adj Station Road West / Bury St) 12.50 / Arrives Gislingham 13:43

Route 456 to Diss (Fridays only – Market Day

Leaves Gislingham shop 10.06 / Thornham Walks & Church 10.09 / Arrives Diss Bus Station 10.35

Return leaves Diss Bus Station 13.15 / Arrives Gislingham shop 13.46

Fareline Bus (Weds only – Market Day) to Bury St. Edmunds:

Leaves Gislingham 09:46am / Arrives BSE bus station 10.48

Returns from Bury St. Edmunds leaves 13:25 / Arrives Gislingham 14.32

Mellis Bus Timetable

https://www.simonds.co.uk/local-bus-times)

110 – Eye to Diss

Eye – Diss (Monday to Friday) - leaves Mellis, opp. Railway Tavern: 10.46

Diss – Eye (Monday to Friday) – leaves Diss, adj. Bus Station: 13.30

Thornham Bus Timetable

Fairline Bus 320 (Weds only)

Thornham Magna (Four Horseshoes) 09:40am / Arrives BSE bus station 10.48

Returns from Bury St. Edmunds 13:25, arriving back at Thornham Magna 14:36

Post Van: Gislingham
Fridays at Village Hall:
12.15 – 14.15





Mobile Library: Gislingham
Wednesday 8th November, then every 4 weeks.
Broadfields Road: 15.10 – 15.45
Mill Street: 15.50 – 16.05

IMPORTANT CONTACTS

Anglian Water Emergency	0800 145145
Botesdale Health Centre	01379 898295
Church Wardens:	
Gislingham - Ann Cottee	01379 788633
Mellis - Betty Wells	01379 788155
Thornham Magna and Thornham Parva - James Fawcett	01379 788130
Citizens Advice Bureau Stowmarket	01449 676060
Citizens Advice Bureau Diss	01379 640530
Clerk (Parish) (Gislingham) clerk@gislinghamparishcouncil.com	07796 410694
Clerk (Village) (Tina Schwarz - Thornham Magna)	01379 788207
Clerk (Parish) (Christine Moore - Thornham Parva)	01379 783226
Connecting Communities = Suffolk Passenger Transport	01449 614271
Crime Stoppers	0800 555111
District Council - Cllr Rowland Warboys rowland.warboys@midsuffolk.gov.uk	01379 783412
Electricity Emergency	08007 838838
Essex & Suffolk Water Emergency	08457 820999
Eye Health Centre	01379 870689
Hall Bookings (Gislingham - Terry Williams -) email gislinghamvillagehall@gmail.com (Mellis - Helen Timmons - Mellis) email: bookmellishall@gmail.com (Thornham) email: hallhire@thornhams.org	01379 783903 01379 783449
Mellis Parish Council Chairperson (Lawrie Read) mellisparishcouncil@gmail.com	01379 788248
Mendlesham Health Centre	01449 767722
Member of Parliament - Jo Churchill jo.churchill.mp@parliament.uk - www.jochurchill.org.uk	01284 752311 020 7219 8487
NHS Direct	111
Suffolk Doctors On Call	03001 303066
Suffolk Fire Service & Community Fire Safety	01473 260586
Suffolk County Council -Cllr Jessica Fleming jessica.fleming@suffolk.gov.uk	01449 711065
Suffolk Police (non urgent)	101

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